SASKATOON
metro®

WEEKEND, February 15-18, 2013

News worth sharing.

metronews.ca | twitter.com/metrosaskatoon | facebook.com/metrosaskatoon

INTRODUCING THE ALL-NEW FUN TO DRIVE 2013 RAV4

TOYOTA

toyota.ca

Wicked winter fun

Lots of great things to do in February at the right price

Saskatoonians can beat the February blues with a wide variety of festivals and activities for winter fun with family and friends Feb. 15 to 28.

For winter family fun, there's a wide variety of cross-country ski and snowmobiling trails around the city. The Saskatoon Nordic Ski club offers tips and training as well as the chance to ski with buddies. For instance, "Meet Me on a Monday" regular ski-ups continue through Feb. 18 and 25.

PHOTO: THINKSTOCK

The club is also hosting a Family in Motion Ski Day Feb. 18 from noon to 4 p.m. on the Kinsmen Park Ski Trails, with the side benefits of cider and cocoa in the clubhouse. And check out the Wanuskewin Winter Celebration Feb. 16 from 1:30 to 4 p.m. for storytellers, snowshoeing, and crafts like beading.

The Meewasin Valley Centre's "Explore the MVC" event Feb. 24 from noon to 5 p.m. offers the chance to explore the galleries. During the February break Feb. 18 to 22, enjoy the trails and come-and-go activities at Beaver Creek Conservation Area programs.

A full range of activities are available throughout the final two weeks of February. For horse lovers, the Saskatchewan Equine Expo Feb. 15 to 17 is worth a trip to the Ag Centre and Saskatoon Prairieland Park. This event will showcase the latest technology and health developments, as well as live demonstrations of horsemanship.

PHOTO: THINKSTOCK

PHOTO: THINKSTOCK

The Saskatoon Symphony Orchestra (SSO) also brings back its "Silence is Golden" silent-movie event on Feb. 23 at 1 p.m. and 7 p.m. in the Roxy Theatre. Join Victor Sawa and Rick Friend on piano for the 1929 film The Mark of Zorro. On Feb. 28, the RCAF Command Brass plays the Roxy with the SSO Brass Quintet at 7:30 p.m.

What about a trip to the zoo? The Saskatoon Forestry Farm and Zoo is also open, with free admission for day-trippers from November to March 31. (Take a toonie though, because the toll booth is still active at $2 per vehicle — and check the website for current information.)

The city of Martensville (pop. 7,700) some eight km north of Saskatoon is hosting an all-day "Great Family Skate" on Feb. 19 at the Sports Centre. Martensville also has cross-country ski trails in its Kinsmen Park.

Finally, bring in March on a high note with the 2013 Saskatoon Blues Festival Winter Meltdown. The mainstage event Feb. 28 in the Odeon Electric Blues Room will feature such artists as Saskatoon's favourite trio Apollo Cruz, The Harpoonist And The Axe Murderer from Vancouver, and Albert Castiglia of Miami.

That's just a sampling of Saskatoon activities. There's sure to be something to suit your tastes and help you beat the winter blues this month.

COMFORT JUST GOT EVEN MORE COMFORTABLE
The 2013 RAV4's newly designed premium interior with available French stitching lets you arrive in comfort and style.
TOYOTA
toyota.ca

Real South Asian Fine Cuisine
Kabab King is pleased to serve Halal food for over 3 yrs in Saskatoon!
Kabab King
PAKISTANI & INDIAN FINE CUISINE
– Specializing In Excellent Ethnic Food Including Pakistani & Indian Cuisine
– Lunch & Supper Buffet 7 Days a Week
– Over 25 Diverse Buffet Items
– Over 100 À La Carte Menu Items
– Excellent Catering Service For All Your Parties and Occasions
OPEN DAILY from 11am -11pm
www.kababking.ca • 306·979·6865 • 1A-705 Central Ave

TALES OF PIONEERS

A BIBLE, A QUILT AND A PHOTO: A BLACK HISTORY MONTH SPECIAL PAGE 16

iSask MORTGAGE BROKERS
DEBT CONSOLIDATION SOLUTIONS

My bank wanted to "sell" me another loan, iSask provided me a solution!
solutions@isaskmortgage.ca
isaskmortgage.ca | 306.955.5545
* Rates are subject to certain terms and conditions and may change at any time without notice. O.A.C. Mortgage Brokerage License # 316176

SASKATOON metro ®
WEEKEND, February 15-18, 2013
News worth sharing.
metronews.ca | twitter.com/metrosaskatoon | facebook.com/metrosaskatoon

It's our 'time to shine': Economist

Cities of opportunity. Saskatoon, Regina will lead the way for GDP growth in 2013 among all metropolitan areas in Canada: CBOC report

JANE CAULFIELD
jane.caulfield@metronews.ca

Saskatchewan's economy is once again the star in the spotlight after a report from the Conference Board of Canada (CBOC) forecasts Saskatoon and Regina as having the fastest-growing metropolitan economies for 2013 in the country.

According to the report, released Thursday, a thriving job market in Saskatoon and Regina helps make these cities more attractive to newcomers, which helps to boost the economy even more.

"Migration is a most important indicator of how vibrant a town is," said Robin Wiebe, a senior economist with the CBOC. "When a town is doing well economically, people sense that there's employment opportunities and they move there."

Followed by Calgary and Edmonton, Saskatoon and Regina are forecast to see real GDP growth of 3.7 and 3.5 per cent respectively.

"This is great news once again for our province. It shows that our economy is strong and will continue to be strong," said Economy Minister Bill Boyd. "Our economy is working on all cylinders."

The province's growth can be attributed to an abundance of natural resources, a healthy agricultural market and boosts in the construction industry.

While the numbers may be down from previous years, Wiebe said, this is not an indicator that Saskatchewan's growth is starting a downward trend.

"It's not so much that things are going to continue to drop.... In the historic context, this is solid growth. And it's Saskatoon and Regina's time to shine," said Weibe. "And they're doing it."

In fact, Wiebe said the CBOC has forecasted positive growth for Saskatoon and Regina up until 2017, including an average of 3,800 new people per year.

Follow Jane Caulfield on Twitter @janecaulfield

The Conference Board of Canada says that Saskatoon and Regina are situated to have the fastest-growing metropolitan economies in all of Canada. This will also lead to more people migrating to the Prairie towns, says a senior economist.
JANE CAULFIELD/METRO

Shock waves

The world reacts in disbelief as 'Blade Runner' and Olympic star Oscar Pistorius is charged in the shooting death of his girlfriend PAGE 7

Rockin' the boat

A new exhibit at the Royal Saskatchewan Museum looks at the link between music and social issues PAGE 4

Have fun on Family Day

Metro will not be publishing on Monday, Feb. 18. Look for us again on Tuesday

Stories we've told

From Sarah Polley to Denys Arcand, the Reel Guys tip their tuques to some of their fave flicks made by Canucks PAGE 11

FFUN >> Saskatoon Hyundai
PRE-OWNED SUPERSTORE

Find your match!

Cars you'll love like crazy,
Terrific Trucks
& SUV's to Swoon for!

FIND IT HERE!
saskatoonhyundai.com

FFUN >> CERTIFIED PRE-OWNED

- 30 DAY/3000KM WARRANTY
- 7 DAY EXCHANGE GUARANTEE
- 92-POINT INSPECTION
- GUARANTEED PRICE POLICY

$78 bi-wkly

2007 BUICK ALLURE CX
N331128
~~$14,995~~ **$8,999**
SAVE $5,996

$88 bi-wkly

2007 HONDA CIVIC LX
NB5546A
~~$13,995~~ **$9,999**
SAVE $3,996

$78 bi-wkly

2007 PONTIAC WAVE
NB5602A
~~$10,995~~ **$8,999**
SAVE $1,996

$129 bi-wkly

2007 DODGE CALIBER RT
NB5587A
~~$15,995~~ **$15,388**
SAVE $607

$118 bi-wkly

2007 HONDA ACCORD SE
N332498
~~$16,995~~ **$11,999**
SAVE $4,996

$106 bi-wkly

2005 TOYOTA CAMRY SE
NB5586A
~~$16,995~~ **$11,999**
SAVE $4,996

CERTIFIED

HYUNDAI CERTIFIED PRE-OWNED
RATES AS LOW AS 1.9%
Extends your existing coverage with up to 3 YEARS
Or 60,000 kms additional HYUNDAI Factory Warranty.

$82 bi-wkly

2010 HYUNDAI ACCENT L
B5598
~~$12,995~~ **$10,999**
SAVE $1,996

$98 bi-wkly

2010 HYUNDAI SONATA GL
N33403A
~~$14,388~~ **$13,888**
SAVE $500

$74 bi-wkly

2010 HYUNDAI ELANTRA GL
NB5480A
~~$15,388~~ **$9,999**
SAVE $5,389

$98 bi-wkly

2010 HYUNDAI ELANTRA TOURING GL
N33333A
~~$14,388~~ **$12,999**
SAVE $1,389

$104 bi-wkly

2011 HYUNDAI SONATA GL
N33325A
~~$17,995~~ **$13,999**
SAVE $3,996

$78 bi-wkly

2011 HYUNDAI ACCENT L
N33473A
~~$12,995~~ **$12,388**
SAVE $607

Price / payments exclude all applicable taxes and fees, OAC. E.O.E.

FFUN Assured Pricing

- COMPETITIVELY PRICE CHECKED
- VERY BEST RECONDITIONING
- COMPLETE DISCLOSURE
- FFUN / HYUNDAI GUARANTEE
- FFUN EXPERIENCE

FFUN CERTIFIED PRE-OWNED
CERTIFIED
CarProof

659-6000 | saskatoonhyundai.com
2035 Idylwyld Drive North, Saskatoon, SK
FIND US ON FACEBOOK!

HYUNDAI

Hot potato: Bus messages land back on exec committee's plate

Happy December?
After CDDRC is split on Merry Christmas signs, issue gets shuffled along

MORGAN MODJESKI
morgan.modjeski@metronews.ca

The debate about Merry Christmas messages digitally displayed on Saskatoon city buses has been prolonged.

Rooted in a complaint that was filed in late 2012, the messages have been a source of controversy and now discussions will move back to Saskatoon's executive committee, as members of the cultural diversity and race relations committee (CDRRC) failed to make a recommendation on the matter.

The CDRRC was tasked with reviewing "the matter of inclusion or acknowledgement of messaging of other celebrations, events and holidays," but were unable to find common ground.

"The discussions surrounding the item on the agenda was very sensitive, and as you can tell, there was no concrete decision that we could send over to the executive committee," said Mike San Miguel, co-chair of the CDRRC.

"There are very good, strong and valid points on both sides of the page in regards to whether or not the messages should be left or taken off."

The person who filed the complaint, Ashu M. G. Solo, said he was disappointed with the fact the committee couldn't come to a recommendation on the matter.

"It seems like they just copped out and didn't make a decision," said Solo.

Quoted

"It seems like they just copped out and didn't make a decision."

Ashu M. G. Solo, who filed the complaint about the Merry Christmas messages

Mike San Miguel, right, co-chair of the cultural diversity and race relations committee, speaks with media at Saskatoon City Hall on Thursday afternoon. MORGAN MODJESKI/METRO

Troy Davies, city councillor for Ward 4 in Saskatoon said he's firm on keeping the message on the buses and although it did spark an important debate, he feels it was brought forward in the wrong manner.

"We didn't really like the way this was brought to us in the first place, in kind of a threatening manner," said Davies. "At the same time, it raised a lot of questions and concerns — and everyone has a right to their opinion — and I think it's great we start having these conversations."

The next time the executive committee meets is Feb. 25.

Wallin's travel bill suggests she campaigned on public dime: NDP

Senator Pamela Wallin charged taxpayers nearly $26,000 in travel expenses during the last federal election period while appearing at a series of Conservative campaign events.

NDP ethics critic Charlie Angus is demanding to know whether Wallin — the latest senator to become embroiled in expense questions in the appointed upper chamber — used her Senate travel budget for partisan party business.

Wallin's travel expenses, which total more than $350,000 over the past 27 months, are currently the subject of an audit. The NDP is citing Wallin's 2011 election stops in Moose Jaw and Collingwood, Ont., as evidence the former broadcaster was not travelling on Senate business.

"Senator Wallin and other Conservative senators were a very visible presence working for the Conservative party machine," Angus said Thursday outside the House of Commons.

"So what was she (doing) charging that amount of travel expenses ... while she was working on the Conservative federal election? Was that money charged for partisan activities? That's the question that we need to answer."

New Democrats raised the matter during Thursday's daily question period, but it was not directly addressed by the government.

Prime Minister Stephen Harper said all MPs and senators "are fully prepared and committed to have an examination of expenses to ensure that they are appropriate."

Rather than defend or explain Wallin's taxpayer-funded travel during the 2011 campaign, which propelled his Conservatives to a majority government, Harper said her overall travel expenses were comparable to those of New Democrat MPs from western Canada.

Conservative Senator Pamela Wallin THE CANADIAN PRESS FILE

"These are the costs that parliamentarians incur when they travel back and forth from Ottawa to their provinces," said the prime minister. "That is what the senator has done."

THE CANADIAN PRESS

In other audit news ...

- Three other senators — Liberal Mac Harb, Conservative Mike Duffy and former Conservative Patrick Brazeau — are all being audited following questions about their housing-expense claims.
- The results of those audits will be made public, Marjory LeBreton, the government leader in the Senate, said on Thursday.

GRAD 2013
15% OFF ALL IN STORE GRAD GOWNS
Feb 16th to Feb 23rd
Mon-Wed 10-5:30
Thurs 10-6
Fri-Sat 10-5:30
Sunday Closed
In store alterations • Large fitting area • Non-commissioned professional staff
Brides N Belles Ltd
714 2ND Ave North, Saskatoon (306) 652-2923 bridesnbelles.ca

RSM exhibit highlights Juno artists and sustainability

Power of Music.
Curator says music can move people to action

ALYSSA MCDONALD
Metro in Regina

The Royal Saskatchewan Museum is celebrating the relationship between music and social issues by hosting a new exhibit with the upcoming Juno Awards.

The exhibit, called The Power of Music, will feature four stations around the theme of sustainability including protecting nature, resilience, education and the Juno's annual sustainability ambassador.

It will feature around seven Canadian artists' songs which represent action and sustainability awareness in relation to one of the themes.

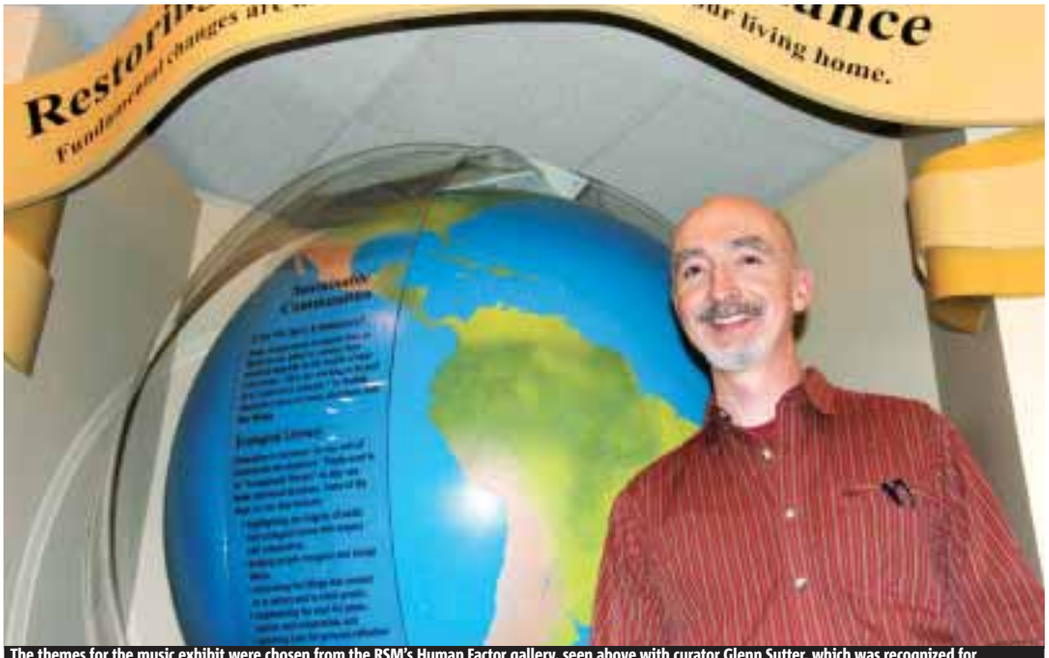
Glenn Sutter, the exhibit's curator, uses the example of Neil Young's anthem Rockin' in the Free World, in relation to being resilient.

"The song has a lot to do with social justice and making sure there is fair distribution of resources. He's a pretty good example of an artist who explored those kinds of ideas through music," said Sutter, who is also the curator of human ecology at the RSM.

Sutter says the exhibit will be multifaceted, with headphones to listen to music, interactive tablets to see videos and images, as well as artists highlighting their own efforts and causes.

"Certainly music is a way to inspire people ... to help people carry on with personal causes. That's why we called it the Power of Music. It is a powerful force. We should recognize and celebrate that," said Sutter.

The exhibit is a collaboration of the RSM and the Canadian Academy of Recording Arts and Sciences, the non-profit group behind the Juno Awards, and will be displayed in the lobby of the RSM starting the week of Mar. 25.



The themes for the music exhibit were chosen from the RSM's Human Factor gallery, seen above with curator Glenn Sutter, which was recognized for leadership in sustainability education by UNESCO. ALYSSA MCDONALD/METRO IN REGINA

Hilltops among winners in Sask. Sport Awards

The Saskatoon Hilltops hoisted the PFC title trophy for the third year straight in October after defeating the Regina Thunder 37-0 at Griffiths Stadium.
MORGAN MODJESKI/METRO

Make no mistake about it — Saskatchewan loves its sports.

And the five individuals and one team taking home the Saskatchewan Sport's 2012 Athlete of the Year award emulate the superior athleticism that can be found across the province.

"We're growing in this province with very high performances in many sports now," said Noreen Murphy, organizational development co-ordinator for Sask Sport Inc.

According to Murphy, as the province continues to grow, so does the amount and the quality of athletics and sports being played.

"It's pretty well balanced in all of the sports out there too," said Murphy. "These are the role models for the next generations."

For Tom Sargeant, head coach of the Saskatoon Hilltops, winning Team of the Year is indicative of everyone's ability to work together for a common goal — from fan to quarterback.

"We just stayed the course, kept believing in one another and through good preparation and solid work ethic is how we got there. It wasn't as easy as people might think — there was a real grit and grind that took place but that's what makes us as special as any," said Sargeant.

JANE CAULFIELD/METRO

The awards

The recipients for the 2012 Athlete of the Year Awards:

- **Master Athlete of the Year.** Marg Tosh, 75 Saskatoon, athletics
- **Youth Male Althlete of the Year.** Jarret Kenke, 18 Saskatoon, canoe-kayak
- **Youth Female Athlete of the Year.** Katelyn Lehner, 17, Prince Albert, Athletics, heptathlon
- **Male Athlete of the Year.** Kelly Wiebe, 23 Regina, athletics
- **Female Althete of the Year.** Kaylyn Kyle, 24 Saskatoon, soccer
- **Team of the year.** Saskatoon Hilltops Saskatoon, football

For a list of all the finalists for the 2012 Athlete of the Year Awards visit sasksport.sk.ca/SportAwards

Quebec tells zombie hordes to drop dead

Civil security.
Province nixes plans for walking-dead-themed emergency training exercise at symposium

The zombie apocalypse has been cancelled.

The Quebec government has stepped in to scrub plans for a zombie-themed emergency training exercise.

Participants at an annual symposium on civil security had been planning to use a hypothetical living-dead attack to test emergency preparedness.

Such a theme has been used elsewhere. The logic behind it is to use something that could never actually occur, as opposed to a flood or an ice storm, because that way emergency-preparedness officials might think of new problems and solutions.

News of the plan had elicited considerable guffaws this week, along with some complaints about wasteful government spending.

Flesh-eaters won't be rising in la belle province after the Quebec government ordered a halt to a zombie-themed security exercise.
MARCO UGARTE/THE ASSOCIATED PRESS FILE

So now the provincial cabinet has stepped in. Public Security Minister Stephane Bergeron announced in a press release Thursday that he has ordered a change of plans.

The new scenario will simulate a flood.

"I thought ... the theme of the workshop had taken on a greater importance than its goal and that it was better to change it," Bergeron said in a statement.

He said he took the decision "so as not to undermine the real purpose of the activity, which is and remains a very important exercise for civil security."

He said he needed to act to preserve the credibility of the symposium. THE CANADIAN PRESS

Spreading like an infection

Hypothetical zombie attacks are becoming a popular emergency-preparedness teaching tool.

- Last September, the U.S. Department of Homeland Security held a similar exercise as part of a campaign to encourage better preparation for genuine disasters.
- B.C. conducted a similar exercise last May, offering tips on how to prepare for a fake zombie apocalypse to generate awareness of social-media tools.

Motoring

New Florida licence rules come as shock to drivers

Canadians on both sides of the border expressed surprise and indignation Thursday upon learning new rules require them to have an International Driving Permit to motor around Florida.

But as word of the change began to circulate, officials in the state that millions of Canadians visit every year issued a release saying enforcement was being deferred because the change may run afoul of an international treaty.

Under the rules introduced Jan. 1, all visitors with foreign licences must have an international permit issued by their country of residence in addition to a valid licence from home.

The quiet implementation of the regulations — which apply to any vehicle, including rentals — resulted in many Canadians being caught off guard.

The Florida Department of Highway Safety and Motor Vehicles has said the law was passed so police are not faced with foreign licence documents in languages they can't understand.

An IDP translates existing driver-licence information into 10 languages.
THE CANADIAN PRESS

Love is in the air

Portuguese performer Pauliana Almeida, 34, kisses her partner, Yuga Hatta, 26, of Japan, after rappelling down the Clerigos Tower during a performance to mark Valentine's Day in Porto, Portugal, Thursday.
PAULO DUARTE/THE ASSOCIATED PRESS

Is stress affecting your love life?
Increase Libido and Energy with Maca!

Between work, family, household tasks and the thousand other things you're responsible for, is "not tonight dear" becoming your motto? Stress often goes hand in hand with a plummeting sex drive. Stress affects your hormones and if they are out of kilter, not only is your sex life affected but it can also lead to adrenal fatigue with the accompanying symptoms of cravings, fatigue, weight gain, poor sleep, moodiness and more…

When you feel stressed your adrenal glands kick into high gear and begin to enlarge. In 2003, Spanish scientists reported in the journal Phytotherapy Research that Peruvian maca can actually shrink overworked adrenal glands.

Ultimate Maca Energy™ provides the nutrients to support your adrenal glands and give you back the energy you need to tackle life and promote a healthy libido. **Ultimate Maca Energy** is high in B vitamins, amino acids, antioxidants and magnesium. These nutrients provide the support you need to increase energy, relax tense muscles and reduce stress levels.

Look for **Ultimate Maca Energy Platinum XP™** liquid and **Ultimate Maca Energy** in powder or capsules. Each of these has undergone the gelatinization process for the highest potency, optimal absorption and superior results. **Ultimate Maca Energy** and **Ultimate Maca Energy Platinum XP** are certified organic and traditionally sundried.

✓Improve Libido
✓Reduce Stress
✓Increase Energy
✓Improve mental clarity and more…

Ultimate Maca Users agree….
"…increase in libido…my anxiety and irritability diminished … I am sleeping better and have much more energy…moods improved …increased energy both mentally and physically… …noticed the difference within a few weeks… more mental clarity…life is good!"

COUPON
$2 OFF
ULTIMATE MACA ENERGY
ANY SIZE
Only at your local Health Food Store
MANUFACTURER COUPON - TO THE RETAILER: For redemption, mail to:
Preferred Nutrition, 153 Perth Street, Acton, ON L7J 1C9 Expiry: March 31, 2013 Code: 03-069
Preferred Nutrition PNO.CA
CUSTOMER SIGNATURE REQUIRED FOR VALIDATION

Anti-violence movement gains momentum across the globe

One Billion Rising. Widespread press coverage of gang rape in Delhi and Taliban shooting of Pakistani activist mobilized world, says Ensler

Thousands danced in the Democratic Republic of Congo. Hundreds chanted in South Africa, carrying signs and candles. The Philippines held a 24-hour dance party. Scores of students in India gathered for a candlelight vigil.

Organizers say these were among thousands of events taking place in 205 countries Thursday as part of One Billion Rising, an international call led by Eve Ensler's V-Day organization to end violence against women and girls.

Ensler, author of The Vagina Monologues, announced the campaign last year, urging women and men around the world to walk out of work or school on Feb. 14, 2013, and dance to raise awareness of the troubling UN statistic that one in three women worldwide will be raped or beaten in her lifetime.

"It's happening, and what we're seeing is really huge uprisings," Ensler said. "It's amazing because it goes from huge events like in Collins Square in London to six girls in a living room in Iran. That's what's so beautiful about it, like the whole world's doing it in the way they can do it."

Scheduled events included flash mobs in San Francisco, a Zumba dance party with Jane Fonda in Los Angeles, a special program at New York's Hammerstein Ballroom featuring Rosario Dawson and Glenn Close, and a rally led by Martin Luther King Jr.'s daughter Bernice A. King in Atlanta.

Ensler is convinced that the global reach of One Billion Rising has achieved its goal of raising awareness of the worldwide problem of violence against women and will inspire leaders to act. THE ASSOCIATED PRESS

Sri Lankan women hold placards during a demonstration to mark the One Billion Rising campaign called to bring an end to violence against women, on Valentine's Day in Colombo, Sri Lanka. Rights groups demanded the government take action to curb rising rape. ERANGA JAYAWARDENA/THE ASSOCIATED PRESS

62nd ANNUAL
SASKATOON WILDLIFE FEDERATION
SPORTS and LEISURE SHOW
DISCOVER GREAT PLACES TO CAMP, FISH AND HUNT
Saskatoon Prairieland Park
Feb. 28 - Mar. 3, 2013
NEW BOATS, RVS, HUNTING, FISHING AND CAMPING EQUIPMENT
MEET Terry Grant
North America's Most Famous Tracker
sponsored by:
PROLINE
MarineMaster
THE REAL Montracker
WIN A TRIP FOR 4
Three Lakes CAMP
TO THREE LAKES CAMP ON JAN LAKE. TRIP INCLUDES 3 NIGHTS ACCOMMODATION, BOAT, MOTOR AND FUEL FOR 3 DAYS.
February 28th – 6 pm to 10 pm
March 1st – 12 pm to 9 pm
March 2nd –10 am to 9 pm
March 3rd – 10 am to 5 pm
Adults – $10 Junior (6-15) – $8 Seniors $8 Family Pack (2 adults, 2 junior) – $20
ELK CALLING COMPETITION
DOG DEMONSTRATIONS
ACTIVITIES FOR KIDS
SHOOTING, ARCHERY AND FLY FISHING
www.saskatoonsportsandleisureshow.com

Not guilty. Military jury clears ex-soldier of manslaughter charge

A retired Manitoba warrant officer has been found not guilty of manslaughter in a 2010 training accident in Afghanistan that killed a fellow soldier.

Paul Ravensdale has been convicted of four of the five other charges, the most serious being unlawfully causing bodily harm. The other convictions are on two counts of breach of duty and one count of negligent performance of military duty.

He was acquitted on a second charge of negligent performance of military duty.

Ravensdale was leading a test of anti-personnel mines in February 2010 when one misfired and sent hundreds of steel ball bearings in the wrong direction. The ball bearings killed Cpl. Josh Baker and injured four others.

Ravensdale did not testify at his court martial and his lawyer did not call any witnesses. In an interview with a military investigator days after the accident, Ravensdale said he had no idea what went wrong and that "all hell broke loose."

Two of Ravensdale's superiors have already been convicted in the accident.

Maj. Christopher Lunney was demoted to captain and given a severe reprimand after pleading guilty to negligent performance of duty.

Maj. Darryl Watts is awaiting sentencing on charges of negligence and unlawfully causing bodily harm.

THE CANADIAN PRESS

Cpl. Josh Baker was killed in a 2010 training accident in Afghanistan. THE CANADIAN PRESS/HANDOUT

Arguments

- The prosecution had argued that Ravensdale ignored safety rules and allowed soldiers to stand too close to the mine.
- But the defence said Ravensdale was simply following plans approved by his superiors.

Freedom of the press

Record number of journalists jailed last year: Group

A record number of journalists were imprisoned worldwide in 2012 in a "deteriorating environment for press freedom," a media advocacy group said Thursday.

The New York-based Committee to Protect Journalists said in its annual Attacks on the Press report that 232 journalists were jailed last year in a "trend driven primarily by terrorism and other anti-state charges levied against critical reporters and editors." It said the number was the highest since it made its first survey in 1990.

The report said that 70 journalists were killed in the line of duty in 2012. That's 43 per cent more than in 2011.

The report included the committee's first "risk list" of 10 countries where the committee identified the most significant "downward trends" in 2012.

Those trends include high murder rates in Pakistan, Somalia and Brazil and "restrictive laws to silence dissent" in Ecuador, Turkey and Russia, as well as the imprisonment of journalists on anti-state charges in Ethiopia, Turkey, Vietnam, Iran and Syria. THE ASSOCIATED PRESS

Oscar Pistorius leaves a police station Thursday. THE ASSOCIATED PRESS

Track star charged with murder of girlfriend

'Blade Runner.' Model Reeva Steenkamp was shot at the home of paralympic superstar Oscar Pistorius

South African paralympic sprint runner Oscar Pistorius was charged Thursday with the murder of his girlfriend who was shot inside his home, a stunning development in the life of a national hero known as the Blade Runner for his high-tech artificial legs.

Reeva Steenkamp, a model who spoke out on Twitter against rape and abuse of women, was shot four times in the predawn hours in the house, in a gated community in the capital, Pretoria, police said.

Hours later after undergoing police questioning, Pistorius left a police station accompanied by officers. He looked down as photographers snapped pictures, the hood on his grey workout jacket pulled up, covering most of his face.

His court hearing was originally scheduled for Thursday afternoon but has been postponed until Friday to give forensic investigators time to carry out their work.

South Africans were shocked at the killing. But while Pistorius captured the world's attention with his Olympic quest, police said there was a recent history of problems involving him. Police spokeswoman Brigadier Denise Beukes said the incidents included "allegations of a domestic nature."

"I'm not going to elaborate on it but there have been incidents (at Pistorius' home)." THE ASSOCIATED PRESS

Beauty with a law degree

Reeva Steenkamp, 30, campaigned against rape and violence against women. Thursday morning she was to give a talk at a Johannesburg school. The next day she was going to wear black to protest the brutal rape and mutilation of a 17-year-old.

- The freckled, leggy blonde appeared in international advertisements and was South Africa's face of Avon.

An undated photo of Reeva Steenkamp during a photo shoot. She was shot four times Thursday. THE ASSOCIATED PRESS

Oscar Pistorius

Double-amputee Oscar Pistorius after winning the 400 metre T44 at the 2012 Paralympics in London. THE ASSOCIATED PRESS

From podium to police cell

Since captivating the world with his groundbreaking Olympic trip to London, Oscar Pistorius' life seemed like an extended victory lap.

More than 230,000 Twitter followers have been given a glimpse into a life of fast cars and luxury holidays as the hero was feted by an adoring public. The "Blade Runner" has revelled in the fame that came from becoming the first amputee sprinter to compete at both the Olympics and Paralympics.

Among dozens of tweets in recent weeks, there are only a scattering of references to the girlfriend he is now accused of killing on Thursday.

Quoting a tweet from Reeva Steenkamp on Dec. 6 — "Wondering what my stalker is up to? Kinda miss him lurking around 2nyt" — Pistorius replies: "Heard he is taking a water break with the boys!;)"

Steenkamp gushed over Pistorius on Twitter, seeming to relish going out with one of South Africa's biggest stars.

By contrast, there was little outpouring of affection from Pistorius, although there was no indication their relationship had soured. Steenkamp was shot four times at Pistorius' home in Pretoria.

THE ASSOCIATED PRESS

Local 10-digit dialing is coming

MAY 11, 2013

Beginning **May 11**, it will be mandatory to dial the area code plus the 7-digit number to complete all local calls in Saskatchewan. This is a result of a second area code (639) needed to meet a growing demand for more telephone numbers.

For SaskTel Customers

- **Starting February 25**, callers who dial 7-digits for local calls may hear a message reminding them the number dialed must include its area code. SaskTel will then automatically complete the call.
- **Beginning May 11**, callers will be required to dial 10-digits for local calls or the call will not be completed. Numbers used for text messages must also include the area code.
- **Review** the residential and business checklists at sasktel.com/dial10 to ensure you are ready for 10-digit dialing.

The new area code will affect all telecommunications service providers in Saskatchewan. Non-SaskTel customers should contact their service provider for details.

10-Digit Dialing
For more information, please visit sasktel.com/dial10

SaskTel
Your Life. Connected.™

Benefits fight. Veterans OK with settlement, but feds won't budge on legal fees

Many disabled veterans say they support a $887.8-million settlement with Ottawa over their clawed-back pension benefits but want the federal government to pay the hefty legal fees racked up during their six-year fight.

Dozens of veterans, many using canes or wheelchairs, spoke at a Federal Court hearing Thursday that is reviewing the proposed class-action settlement over federal clawbacks to the former military members' long-term disability benefits.

Many said that while they support the deal, they want Ottawa to foot the $66.6-million bill for their team of lawyers.

"Defence Minister Peter MacKay should go back and tell the government they should pay the fees and not the veterans," Richard Gaudet, a class member, told Judge Robert Barnes.

Several other class members echoed that view, with one saying the 7,500 claimants would likely still be seeing their payments reduced if the Halifax law firm hadn't taken on the case in 2007.

"I have no issue with that at all," Steve Kent, a disabled vet who was released from the military after suffering a severe back injury, said outside the court hearing.

"Something's better than nothing, and if we left it up to our government, we'd still be with nothing."

Ward Branch, a lawyer for the veterans, said only about 15 wrote to express their concerns about the agreement, which will either be approved or rejected by Barnes. Of about 270 class members who wrote to the lawyers, 78 of them specifically supported the legal fees the firm will earn if the court approves it.

He said that the firm also reduced its fee to 7.5 per cent of the total award, down from the original contract amount of 30 per cent.

The legal fees became a contentious issue after MacKay called the costs "grossly excessive," which is expected to be the Crown's central argument when it makes its case Friday.

THE CANADIAN PRESS

Nearly win-win

"It's very hard to make everyone happy all of the time, but we came achingly close."

Ward Branch, a lawyer for the veterans, on the first day of the two-day hearing.

A march for the missing, murdered and marginalized

People take part in the March For Missing and Murdered Women on Parliament Hill in Ottawa on Thursday. SEAN KILPATRICK/THE CANADIAN PRESS

Lost data. Bureaucrats 'sorry' for privacy breach

We're sorry and we're trying to ensure it never happens again.

That was the message Thursday from senior federal bureaucrats responsible for the loss of personal information belonging to more than half a million Canadians.

Employees at Human Resources and Skills Development Canada lost an external hard drive and USB key in November, resulting in a massive privacy breach.

"Sensitive personal information was stored on unencrypted portable storage devices and not properly secured. This should not have occurred," said Ian Shugart, a deputy minister with the department. "I apologize for these incidents."

A trio of bureaucrats from the department appeared before a House of Commons committee Thursday to give their account of the events.

Most of the people affected participated in the Canada Student Loan program between 2000 and 2007.

THE CANADIAN PRESS

Refugee claims

Mexico added to 'safe' country list

Mexico, a country awash in drug-related violence, is no longer considered by Canada to be a major source of genuine refugees.

It was among eight "safe" countries added Thursday to a controversial list now used by immigration to fast-track claims.

Immigration Minister Jason Kenney has said the changes will help cut through fraudulent claims clogging the system.

THE CANADIAN PRESS

Ottawa

Suspicious item puts 7 in isolation

Seven people were isolated temporarily in a downtown Ottawa office tower Thursday after a suspicious package was delivered to the building that houses Public Safety Canada and other government offices.

A fire department hazardous-materials team secured the package and determined that its contents were nonhazardous.

THE CANADIAN PRESS

Harper criticized for telling victims to 'get on' and report abuse

RCMP officers accused. Human-rights group says prime minister is missing fear of reprisal

The human-rights watchdog that documented allegations of police abuse against aboriginal women in British Columbia is taking Prime Minister Stephen Harper to task for telling victims to just "get on" with reporting abuse.

Samer Muscati, a Canadian researcher who was involved in compiling the report released Wednesday, said Harper missed the whole point — that aboriginal women and girls are often too traumatized to co-operate with police.

"Those comments ignore the fear of reprisal those victims have," Muscati told The Canadian Press in an interview Thursday.

The report, from a New York group called Human Rights Watch, accuses RCMP officers of abusing aboriginal women and girls in northern B.C., and also includes an allegation of rape.

The alleged incidents were uncovered as part of a broader investigation into charges of systemic neglect of missing and murdered aboriginal women along B.C.'s Highway 16, nicknamed the "Highway of Tears."

Harper said the government has asked the Commission for Public Complaints Against the RCMP to look into the allegations but he urged those connected with the report to simply come forward.

Muscati said Human Rights Watch tried to brief Harper and three cabinet members in advance of the report's release, but they were rebuffed.

Muscati said the group has no intention of sharing the information it has about the abuse allegations, as Harper urged them to do.

"We have to stand by the victims who have asked us not to identify them because they're terrified of police retaliation," he said.

"It's missing the point of the report. If he met with us and reviewed the report, he would know that's an unrealistic request given that our report is about fear and insecurity that plague aboriginal women and girls."

The core recommendation of the report is that the federal and B.C. governments participate in a national commission of inquiry into the matter. THE CANADIAN PRESS

Controversial comments

"If Human Rights Watch ... is aware of serious allegations involving criminal activity, they should give that information to the appropriate police so they can investigate it.... Just get on and do it."

Prime Minister Stephen Harper, to the House of Commons on Wednesday in reference to allegations that RCMP officers have abused aboriginal women and girls in British Columbia.

Merger gives birth to U.S. mega-airline

$11B deal. New carrier formed by US Airways, American Airlines will carry more passengers than any other in world

American Airlines and US Airways jets park at the Philadelphia International Airport on Thursday.
THE ASSOCIATED PRESS

American Airlines and US Airways agreed Thursday to merge in an $11-billion deal that would create the world's biggest airline.

The combined carrier will be called American Airlines and be based in Fort Worth, Texas. It expects to have $40 billion in annual revenue and offer more than 6,700 daily flights to 336 destinations in 56 countries.

The deal is a coup for smaller US Airways Group Inc., and was driven by the persistence of its CEO, Doug Parker, who will run the combined airline. Parker sought a merger almost as soon as American parent AMR Corp. filed for bankruptcy protection in November 2011.

As Parker pushed ahead, creditors forced AMR's management to consider the value of a merger compared with a plan for an independent American. Eventually they concluded that the best return for stakeholders, and the best chance to compete with bigger rivals United Airlines and Delta Air Lines, came from a merger.

The deal also caps a turbulent half-decade of bankruptcies and consolidation for the U.S. airline industry.

Since 2008, Delta gobbled up Northwest, United absorbed Continental and Southwest bought AirTran Airways. If this latest merger goes through, American, United, Delta and Southwest will control about three-quarters of U.S. airline traffic.

The merger, expected to close in this year's third quarter, will reduce the number of major U.S. airlines to four: the new American, United, Delta and Southwest. That concerns some consumer advocates, but Parker sought to assure travellers that the merger helps them too — by creating a bigger rival to United and Delta.

THE ASSOCIATED PRESS

Delayed effect

- Travellers on American and US Airways won't notice immediate changes as a result of the merger. It likely will be months before the frequent-flier programs are combined and years before the two airlines are fully integrated.

New cars must have shoulder belts for rear centre seats, Ottawa says

All new cars built in Canada as of September 2015 will come equipped with shoulder safety belts for the rear centre seat, a change that's part of an alignment of auto safety regulations in Canada and the U.S.

New crash test standards are also being adopted that could both improve automotive safety and save car makers millions of dollars, Health Minister Leona Aglukkaq said Thursday as she took part in announcing the changes.

On top of adding a mandatory requirement for lap and shoulder seat belts in the rear centre seat, car makers will have to use female and child-sized dummies in their crash tests, says Transport Canada. Those tests must also be conducted at higher speeds for front-end crashes.

THE CANADIAN PRESS

Buffett will have some ketchup on the side

Billionaire Warren Buffett is dipping into the ketchup business as part of a $23.3-billion deal to buy H.J. Heinz Co., uniting a legend of American investing with a mainstay of grocery store shelves. It's the largest deal ever in the food industry and is intended to help Heinz accelerate its transformation into a global business. The company, based in Pittsburgh, also makes Classico pasta sauces, Ore-Ida potatoes and Smart Ones frozen meals. Buffett's Berkshire Hathaway is partnering on the deal with 3G Capital, the investment firm that bought Burger King in 2010. THE ASSOCIATED PRESS FILE

Parting ways

Balsillie has sold BlackBerry shares, filing shows

Jim Balsillie once re-mortgaged his house to help build the BlackBerry company, but by the end of last year, the former co-CEO had cleaned out any shareholder stake he still owned.

A document filed with U.S. regulators shows that by Dec. 31 of last year he no longer held shares in the company formerly known as Research In Motion. In January 2012, Balsillie resigned from the co-CEO position, alongside co-founder Mike Lazaridis. They took director roles, but Balsillie completely exited the firm hardly two months later.

THE CANADIAN PRESS

Blast from the past

Pocket pets: Tamagotchi to launch app

Tamagotchi is re-hatching as an app. Bandai America Inc. and Sync Beatz Entertainment are hoping to revive the electronic pet craze of the 1990s with a new mobile app launching for Android devices.

The app, which is called Tamagotchi L.i.f.e., duplicates the egg-shaped plastic toy that became a must-own sensation much like Beanie Babies, Tickle Me Elmo and Furby.

Much like the original doodad, the app tasks users with taking care of a virtual pet by pressing buttons that simulate feeding, disciplining and playing with the critter on screen.

THE ASSOCIATED PRESS

Market Minute

DOLLAR
99.88¢
(+0.06¢)

TSX
12,721.79 (-53.49)

OIL
$97.31 US (+30¢)

GOLD
$1,635.50 US (-$9.60)

Natural gas: $3.17 US (-14¢)
Dow Jones: 13,973.39 (-9.52)

Saskatoon Retail, Office & Warehouse Space

Norplex Business Centre represents a new way of doing business. Our office rental solutions require no upfront costs and provide you with unprecedented flexibility in terms of space and services. We can get your business up and running in Saskatoon instantly! Norplex can provide you with a meeting room or shared co-working space all with Wi-Fi.

NORPLEX BUSINESS CENTRE

Hunter Property Management Corp
2366 Avenue C North
Saskatoon, SK S7L 5X5
Phone: 653-2737
Toll-Free 1-866-377-2287

www.norplexbusinesscentre.com

Earn an Innovative MBA While You Work !
PART-TIME ON WEEKENDS IN WARMAN

MBA in Community Economic Development

- A popular program that provides advanced skills in business, leadership, development, and international management.
- Complete an MBA program in 24 months by attending classes on select weekends in the Saskatoon area. Join the third cohort!

INFORMATION SESSIONS
10:00AM: Friday, February 22
2nd Floor Boardroom, Saskatoon Community Service Village, 506 25th Street East
10:00AM: Saturday, February 23
Room C19, Warman Campus, Great Plains College, 201 Central Street

Kent McMann, MBA in CED'11
General Manager, Foam Lake Savings & Credit Union

Specializations: Strategic Leadership • First Nations • Peace-Building • International Business

Hosted By
great plains college

For more information: 902-563-1467 ~ mba@cbu.ca
CAPE BRETON UNIVERSITY | Shannon School of Business

SORRY KARDASHIANS, YOU AIN'T NO MOON GODDESSES

THE LIST
Mike Benhaim
metronews.ca

1 **Un, deux, trois.** U.S. President Barack Obama reacted to North Korea's nuclear test Tuesday by promising firm action on what he views as Kim Jong-un's "highly provocative act." The prez claims the move blatantly threatens U.S. security and international peace. After all, America already has all the nuclear weapons the world will ever need.

2 **Missionary position.** We bid farewell to Pope Benedict XVI, a sports fan obviously named after Super Bowl XVI when the 49ers defeated the Bengals. This week, the papal "Giant" gathered the "Cardinals," some of whom might be "Saints," and ask the "Angels" to decide which "Patriots'" cups will run over. Vatican spokesman, Father "Lombardi" says that Benedict is keeping the "book" close, but that he has spent the last eight years assembling a team of veterans, still young enough to compete, who he believes can go all the way. So there.

3 **Games people play.** Jacques Rogge, president of the International Olympic Committee, has agreed to discuss the decision to drop wrestling from the Games, but let's face it, who cares? I mean, we're not talking about a *real* sport like table tennis or synchronized swimming.

4 **Fortunate sons.** Wonton Food Inc., largest U.S. producer of fortune cookies, has ceased printing intimate messages like "The evening promises romantic interest" because some parents complained they were inappropriate for their children. OK, folks, if this offends you, my first suggestion is don't have kids. And if you choose to disregard this wisdom, well, good luck with school, the Internet, HBO or raising a child in general.

5 **Space marketing.** The SETI (search for extraterrestrial intelligence) institute and International Astronomical Union started a public poll to name the recently discovered moons orbiting Pluto. The guidelines strictly specify names of underworld characters in Greek or Roman mythology, which disqualifies my entries of Kim and Khloe, Snooki and JWoww, and Tito and Jermaine, but many names from Harry Potter still apply.

6 **Alternate-reality TV.** I dreamed I was at a party full of good-looking, talented, rich hobbyists who regularly have outrageous sex with extraordinarily attractive people. One would intermittently raise a glass to praise the other publicly for the value of their output. I found myself looking in while the distance between us grew, panic setting in just as I awoke, relieved that I hadn't missed the Grammys.

7 **Capital duplicity.** Notorious infidelity website Ashley Madison released its list of Canadian cities with the most cheating spouses. The hands-down winner was Ottawa, where about one out of every 20 residents are members. This sparked an outcry among citizens who were devastated to discover there is such dishonesty in our nation's capital.

8 **Hear me roar.** This week in 1975, at the height of women's lib, Linda Ronstadt had her first and only solo No. 1 U.S. hit with You're No Good. Ladies throughout America expressed solidarity as they enthusiastically sang the chorus to their men before defiantly leaving them. Just in time for Valentine's Day.

Kim, Kourtney and Khloe Kardashian can't keep up with Pluto's new moon name requirements, recent reports suggest. CHRIS PIZZELLO/THE ASSOCIATED PRESS

British army deploys the toy

SWNS.COM

Warfare technology

Spy chopper fits in palm of your hand

It looks like a toy helicopter but one commander has called it "a game-changing piece of kit" in modern warfare.

This pocket-sized aircraft, Black Hornet Nano, has been unveiled as the British army's latest weapon against the Taliban. The surveillance drone has three cameras fitted inside its nose to allow troops to spy on enemies from afar.

METRO WORLD NEWS

Army's viewpoint

"Previously, we'd have sent soldiers forward to see if there were any enemy fighters hiding inside a set of buildings. Now we're deploying a Black Hornet to look inside compounds. It's so small and quiet that the locals can't see or hear it."

Maj. Adam Foden, commander of the Brigade Reconnaissance Force at Camp Bastion, Afghanistan

The drone relays video and still images to a handheld control terminal. MINISTRY OF DEFENCE

War casualties

Drones have killed children: UN

Drones are now a mainstay for the military but they are not without controversy.

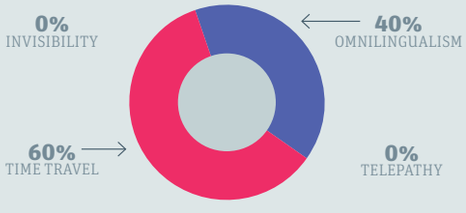
U.S. attacks by manned and unmanned aircraft have killed "hundreds" of children, according to the Committee on the Rights of the Child. The UN body said casualties were "due notably to reported lack of precautionary measures."

METRO WORLD NEWS

Metropolitan Panel

Register at metropolitanpanel.ca and take the quick poll

If you could have one superpower, which would it be?



Twitter

@SaskGatz: Going to spend tonight getting hot and sweaty..... shoveling the driveway.

@jdpitman: Single people whining: shut up, monogamy is far more miserable than you remember.

@TheOtherHilary: Roses are red/violets are blue/A north bridge for me/And a north bridge for you! #yxevalentines

@iChris: Any gear toting musician ought to check out the @Ford Escape foot-activated rear hatch. Guitar in one hand, amp in the other and just kick.

@msanmiguel3: Slippery out there folks. Please allow some extra time for your drive this morning. #Saskatoon #yxe #SlowDown Happy Valentines Day!

metro

President Bill McDonald • **Vice-President & Group Publisher, Metro Western Canada** Steve Shrout • **Editor-in-Chief** Charlotte Empey • **Deputy Editor** Fernando Carneiro • **National Deputy Editor, Digital** Quin Parker • **Managing Editor, Saskatoon** Tara Campbell • **Managing Editor, News & Business** Amber Shortt • **Managing Editor, Life & Entertainment** Dean Lisk • **Vice-President, Sales** Quin Millar • **Sales Manager** Barry Paton • **Vice-President, Business Ventures** Tracy Day • **Vice-President, Creative** Jeff Smith • **Vice-President, Marketing & Interactive** Jodi Brown, **Vice-President, Finance** Phil Jameson **METRO SASKATOON** • #100, 728 Spadina Crescent East Saskatoon, Sask. S7K 4H7 • **Telephone:** 306-649-2025 • **Toll free:** 1-877-895-7193 • **Fax:** 1-888-895-6931 • **Advertising:** adinfosaskatoon@metronews.ca • **Distribution:** saskatoon_distribution@metronews.ca • **News tips:** saskatoon@metronews.ca • **Letters to the Editor:** saskatoonletters@metronews.ca

Sarah Polley's Stories We Tell is just one of the more recent great made-in-Canada films. HANDOUT

Reel Guys

RICHARD CROUSE AND MARK BRESLIN

Films of the true North strong and free

Celebrating the maple leaf. The Reel Guys take a look at their fave movies made by Canucks on National Flag of Canada Day

Richard: Mark, Canada has a rich tradition of documentary film making, so I thought I'd start with one of my recent favourite Can Con films, a doc by Sarah Polley. Stories We Tell is a frank look at a family secret. For years Sarah's family wondered why she didn't look like her father, actor Michael Polley. In the film she examines the story of her parentage, but what could have been a self-indulgent home movie is, instead, a riveting look into the dynamics of a group of individuals bound together by birth and circumstance. What's grabbed you lately?

Mark: As it turns out, she doesn't look much like her actual father, either! Yes, it's a good movie, although the last 20 minutes seemed too abstract for the rest of the film. I don't think you can talk about Canadian film without talking about French-Canadian film. I'm especially thinking of the great Denys Arcand, whose films play like a Quebecois version of Woody Allen's neurotic New Yorkers, and some of the coming-of-age-themed movies like C.R.A.Z.Y and Léolo, which I think is a masterpiece.

RC: Masterpiece is a big word — literally, it's 11 letters! But it's also applicable in the case of the movies you mentioned. While we're waving that flag I'd also add in Hard Core Logo, Bruce McDonald's long hard look at a punk band's life and death on the road. It's one of the best-loved Canadian films of all time and an all-time favourite of mine, regardless of origin. Less known, but also worthwhile, is the sequel HCL2, an eye-popping followup that captures the spirit of the first film but is also fresh and surprising.

MB: There are hidden gems throughout our cinematic history. One of my favourites, Richard? A Fan's Notes, from 1972. Based on the Frederick Exley book of the same name, it's a dark comedy about a middle-aged guy who realizes he will always be a fan, but never a player, in everything he does.

RC: A few years after A Fan's Notes I saw The Silent Partner, a heist movie about a mall Santa with plans to rob a bank. It's an entertaining movie with two lasting images: the newly built Toronto Eaton Centre and Christopher Plummer in drag!

MB: And if you watch Goin' Down The Road from 1970, the Royal York Hotel is the tallest building on the Toronto skyline!

Synopsis

The most romantic day of the year has come and gone, and while the rest of you are finishing off heart-shaped boxes of chocolates, the Reel Guys are celebrating National Flag of Canada Day by rounding up some of the best Canadian films.

Read metro work every Monday and Wednesday for tips and trends in education and employment.

Only in Metro. News worth sharing.

OUR BEST RATE
2.50%
5 year GIC Rates. Subject to change.
SHOULD YOU CONTRIBUTE TO YOUR RRSP OR YOUR TFSA?
Advice for real life starts with your life.
Contact us today!
330 – 20th Street East
Saskatoon, SK S7K 0A7
(306) 242-1188
Desjardins Financial Security Investments Inc.

The 63rd Annual Berlinale, Germany's frosty answer to the Cannes Film Festival, is currently taking place, screening more than 400 films from around the world, with 19 of those competing for the Golden Bear award. Here's some of the can't-miss entries.

NED EHRBAR
Metro World News in Hollywood

Side Effects

A week after its release in the U.S., Steven Soderbergh brings his "last" film to Berlin — he's threatening retirement after this and his HBO film Behind the Candelabra. If this is it, he's going out on a high note, with a taut adult thriller rooted in America's dependence on the pharmaceutical industry for mental health issues.

The Necessary Death of Charlie Countryman

Frederik Bond's bizarre dystopian romance starring Shia LaBeouf and Evan Rachel Wood received some fairly lousy reviews out of Sundance, so it isn't likely to earn any statues here, but what critics say about the over-the-top content of the film makes it fascinating and hard to miss.

Yi Dai Zong Shi (The Grandmaster)

While it's not a part of the competition, Wong Kar-wai's attention-grabbing martial arts masterpiece has been selected as the festival's opening night film. The historical epic about the origins of kung fu, featuring fight choreography by Yuen Woo-ping (the Matrix, Crouching Tiger, Hidden Dragon) offers plenty action and art-house.

Night Train to Lisbon

Based on Pascal Mercier's high-minded 2004 novel, Oscar-winner Billie August's film finds Jeremy Irons as a Swiss professor abandoning his post to investigate the life of a deceased Portuguese doctor. With Melanie Laurent, Jack Huston and Charlotte Rampling along for this journey, this could prove to be some good, sophisticated fun.

Dark Blood

Also screening out of competition, this title is likely the most anticipated, as director George Sluizer has finally "completed" his 1993 film, left unfinished when star River Phoenix died of a drug overdose 10 days before shooting was to be completed. The missing segments are filled in with Sluizer's voice-over.

Brief

Phoenix's last film to screen

The late River Phoenix's last movie, Dark Blood, has received a rare screening at the Berlin film festival. But its director says the picture may never go out for general release. George Sluizer told reporters Thursday negotiations with the financial company that owns the movie are "tough" because "they don't care about culture, they care about money." Phoenix died of a drug overdose in October 1993. He stars as a young widower living in the Arizona desert who takes a couple prisoner.

THE ASSOCIATED PRESS

Should kids be in the Oscar race?

Award season analysis. With 9-year-old Quvenzhane Wallis in the running for a best actress statue, experts debate if children are deserving of coveted awards

Beasts of the Southern Wild star Quvenzhane Wallis is an actress of talent, poise and maturity well beyond her years.

She was only five years old when she auditioned and six when she played the part of Hushpuppy, a little girl of fierce strength and resourcefulness living with her daddy in a squalid slab of Louisiana swampland known as The Bathtub. She was just a regular kid from nearby Houma, La. — she'd never even acted before, and actually pretended to be a year older than she was to be considered.

Now, at only nine, Quvenzhane (Kuh-VAHN-zuh-nay) is the youngest-ever actress nominee at the Academy Awards. Altogether, Beasts has four nominations at the Feb. 24 ceremony, including best picture.

While her presence is undeniable, Quvenzhane's nomination raises the question: How young is too young to compete for an Oscar, the film industry's highest honour, which has eluded performers with decades more experience and acclaim? Is a child really capable of acting, with craft, or do these performances reflect uncanny instinct?

Director Benh Zeitlin doesn't think nine is too young for such an honour. Zeitlin, who is up for a best-director Oscar himself with just his first feature, praised Quvenzhane for the incredible sense of self she displayed from the beginning. But he also recalled one day when she seemed to be struggling on set, and he took her aside to ask what was wrong.

"'I know. I can't snap it today. Normally I can snap it,'" he remembered her saying.

"The fact that she had an internal sense of when she's in character, when she's getting the emotions right and feeling it, is really special even in experienced actors, but especially someone of her age to have that sort of self-awareness."

Justin Henry, who remains the youngest-ever Oscar nominee in any category for 1979's Kramer vs. Kramer, said that in some ways it's a purer form of acting at this age.

Henry was just six years old and had never acted when a casting director came to his Rye, N.Y., school looking for someone to play Billy, the little boy at the centre of Dustin Hoffman and Meryl Streep's custody battle.

He was seven when he shot the film and eight when he was nominated for best supporting actor. He lost to 78-year-old Melvyn Douglas for Being There. (Tatum O'Neal is still the youngest Oscar winner in any category; she was 10 when she earned the supporting-actress Oscar for 1973's Paper Moon.)

A voting Academy member, Henry said he thought it was "awesome" to see Quvenzhane get nominated for the acclaimed Fox Searchlight indie drama, which he called the best movie of the year. Now 41 with a seven-year-old daughter of his own, he looks back at his own nomination and acknowledges: "I didn't even know what it meant. ... I just remember being nervous as hell about having to give a speech in front of 3,000 people.

"That's the great thing about acting: In some ways, it's a child's game," said Henry, who went on to play Molly Ringwald's wisecracking younger brother in the John Hughes classic Sixteen Candles and now specializes in web video distribution.

"You're just pretending, so sometimes it's easy when you're a kid. You just kind of follow your instincts."

THE ASSOCIATED PRESS

Quvenzhane Wallis is the youngest-ever actress nominee at the Academy Awards. ALL PHOTOS: THE ASSOCIATED PRESS

Justin Henry, right, seen here with Dustin Hoffman in 1979, was the youngest-ever Oscar nominee.

No place for a kid

Thelma Adams, contributing editor at Yahoo! Movies and a longtime awards prognosticator, points out that Shirley Temple was already well on her way to a career by the time she was six, the same year she earned an honorary juvenile Oscar. "With (Quvenzhane's) performance, it's kind of a life force. They've captured this wonderful little girl ... but it's not an acting performance," says Adams. "I've seen her at parties," she adds. "I know she can get up in her party dress and charm, but I also saw a little girl who'd rather be riding a pony at a kids' party. ... To have her nominated, it's not good for her, no matter how great she was in the movie — and she was terrific — but this red carpet thing is a grind."

Drama

Amour

Director. Michael Haneke

Stars. Jean-Louis Trintignant, Emmanuelle Riva

The very definition of a small movie tackling a big subject, Amour takes a brutally hard look at aging. Retired music teachers Georges and Anne have their life thrown into flux after a medical condition leaves Anne incapacitated. Devoted to his wife, Georges refuses to check Anne into a home, opting instead to care of her himself. True to its director's reputation for creating bleak tableaus, Amour is neither precious nor judgmental of Georges decisions; rather Haneke lets his characters suffer the consequences of their decisions in a heart-wrenching film. **IAN GORMELY**

No Safe Haven for Josh Duhamel

"There is a lot of pressure to live up to the success of these previous movies, but we try not to think about that.

"If I tried to do what Ryan Gosling did in the Notebook I'd be pulling my hair out. If we try and replicate that in any way, it's a trap."

Josh Duhamel on starring in Safe Haven, a romantic thriller based on the novel by Nicholas Sparks, who also wrote The Notebook
NED EHRBAR, METRO WORLD NEWS

THESE PAGES COVER MOVIE START TIMES FROM FRI., FEB.15 TO THURS., FEB. 21. TIMES ARE SUBJECT TO CHANGE. COMPLETE LISTINGS ARE ALSO AVAILABLE AT METRONEWS.CA/MOVIES.

Broadway Theatre
715 Broadway Ave., 306-652-6556

Hyde Park on Hudson (PG) Sat 9 Sun 7 Mon 9 Tue 7 Wed 9 Thu 7
No Films Showing Today (STC) Fri
Vampyres (STC) Sat 12
World's Best Commercials: The 2012 Cannes Lions Ad Awards (STC) Sat 7 Sun 9 Mon 7 Tue 9 Wed 7 Thu 9

Cineplex Odeon Centre
3510 8th St. East, 306-955-1938

Gangster Squad (14A) Fri 7:05-9:40 Sat 2-4:35-7:05-9:40 Sun 2-4:35-7:05-9:45 Mon-Thu 2-4:35-7:05-9:40
A Good Day to Die Hard (14A) No Passes Fri 7:45-10:25 No Passes Sat-Thu 12:25-2:45-5:10-7:45-10:25
Hansel & Gretel: Witch Hunters (18A) Fri-Thu 10
Identity Thief (14A) Fri 7:10-9:50 Sat-Tue 1:35-4:15-7:10-9:50 Wed 4:15-7:10-9:50 Thu 1:35-4:15-7:10-9:50 Star & Strollers Screening Wed 1
Silver Linings Playbook (14A) Fri 6:55-9:30 Sat-Thu 1:20-4-6:55-9:30
This Is 40 (14A) Fri 7:20-10:15 Sat-Thu 1-4:10-7:20-10:15
Wreck-It Ralph (G) Fri 7:30 Sat-Thu 12:35-2:50-5:15-7:30
Zero Dark Thirty (14A) Fri 6:50-10:05 Sat-Thu 12:20-3:35-6:50-10:05

Galaxy Cinemas Saskatoon
347 2nd Ave. South, 306-664-5060

The Adventures of Elmo in Grouchland (G) Sat 11
Beautiful Creatures (PG) No Passes Fri 4:10-7:10-10:05 No Passes Sat 1:10-4:10-7:10-10:05 No Passes Sun-Thu 1:10-4:10-7-10:05
Django Unchained (14A) Fri 6:45-10:15 Sat 11:40-3:10-6:45-10:15 Sun 1:40-5:20 Mon-Thu 1:40-5:20-9

Identity Thief. HANDOUT

Escape From Planet Earth 3D (G) Fri 5-7:30-9:45 Sat 11-12:15-2:30-5-7:30-9:45 Sun-Thu 12:15-2:30-4:50-7:20-9:45
A Good Day to Die Hard (14A) No Passes Fri 4:40-7:15-9:50 No Passes Sat 11:30-2:05-4:40-7:15-9:50 No Passes Sun-Thu 2:05-4:40-7:15-9:50 No Passes Fri 5:15-7:50-10:30 No Passes Sat-Thu 12:20-2:45-5:15-7:50-10:30
Hansel & Gretel: Witch Hunters 3D (18A) Fri 6-8:20-10:40 Sat 1:20-3:35-6-8:20-10:40 Sun 12:45-3-5:15-7:30-10:10 Mon-Thu 12:45-3-5:10-7:30-10:10
The Hobbit: An Unexpected Journey 3D (PG) Fri 6:30-10 Sat 11:25-3-6:30-10 Sun-Thu 12:50-4:25-8
Identity Thief (14A) Fri 5:10-8-10:45 Sat 11-12-2:35-5:10-8-10:45 Sun 2:20-5-7:40-10:30 Mon-Thu 2:20-5-7:45-10:25
Life of Pi (G) Fri 4:05-7-9:55 Sat 1:15-4:05-7-9:55 Sun 4:05-6:50-9:55 Mon-Thu 1:15-4:05-6:50-9:55
The Metropolitan Opera: Rigoletto Live (STC) Sat 11:55
Move to Move - Netherlands Dance (G) Sun 12:55
Safe Haven (PG) Fri 5:25-8:10-10:45 Sat 2:40-5:25-8:10-10:45 Sun 1:35-4:20-7-10 Mon-Thu 1:35-4:20-7:05-10
Side Effects (14A) Fri 4:55-7:45-10:25 Sat 2:15-4:55-7:45-10:25 Sun-Thu 2:15-4:55-7:35-10:20
Warm Bodies (PG) Fri 5:30-8:05-10:35 Sat 12-5:30-8:05-10:35 Sun 8:40-10:25 Mon-Thu 12:30-2:55-5:30-8:05-10:25 Sun 12:30-4:40
WWE Elimination Chamber - 2013 (STC) Sun 7

Roxy Theatre
320 20th St West, 306-955-8642

Amour (PG) Fri 7-9:30 Sat-Mon 1-7-9:30 Tue-Thu 7-9:30
Beasts of the Southern Wild (PG) Sat-Mon 4
The Impossible (14A) Fri 9:45 Sat-Mon 12:50-9:45 Tue-Thu 9:45
Minecraft: The Story of Mojang (STC) Sun 3:30
Les Misérables (PG) Fri 6:45 Sat-Mon 3:30-6:45 Tue-Thu 6:45
The Room (STC) Fri 12

Rainbow Cinemas Saskatoon
The Centre at Circle & 8th, 306-955-8642

Argo (PG) Fri-Thu 1:10-3:50-6:50-9:40
Broken City (14A) Fri-Thu 2-7
Flight (14A) Fri-Thu 9:30
The Guilt Trip (PG) Fri 1:45-4:15-7:30-9:50 Sat-Mon 11:30-1:45-4:15-7:30-9:50 Tue-Thu 1:45-4:15-7:30-9:50
Hotel Transylvania (G) Fri 1:50-4:20 Sat-Mon 11:40-1:50-4:20 Tue-Thu 1:50-4:20
Jack Reacher (PG) Fri-Thu 6:40
The Last Stand (14A) Fri-Thu 4:30-9:45
Parental Guidance (G) Fri 1:55-4:40-7:10-9:35 Sat-Mon 11:10-1:55-4:40-7:10-9:35 Tue-Thu 1:55-4:40-7:10-9:35
Rise of the Guardians (G) Fri 1:40-4:10-7:05-9:25 Sat-Mon 11:20-1:40-4:10-7:05-9:25 Tue-Thu 1:40-4:10-7:05-9:25
Skyfall (PG) Fri-Thu 1-4:05-7:45
The Twilight Saga: Breaking Dawn Part 2 (14A) Fri 1:35-4:25-7:20-9:55 Sat-Mon 11-1:35-4:25-7:20-9:55 Tue-Thu 1:35-4:25-7:20-9:55

YOU COULD WIN A CONCERT DATE WITH BIEBER!
METRO "BELIEBES" IN LOVE!
Metro is inviting one lucky winner to a VIP experience at a Justin Bieber concert. You could win airfare, hotel and concert tickets for two with backstage passes to meet Bieber himself on one of his European Tour stops. All you have to do is:
1. Take a photo of yourself with the "I Beliebe in Love" ad which appeared on February 14th 2013 in a place you'd like to take Justin on a date. (If you missed the ad you can print it out at www.clubmetro.com/bieber)
2. Upload your photos by visiting www.clubmetro.com/beliebe
3. Remember to share the love! Collect votes from your friends to increase your chances of landing the grand prize!
brought to you by
PIZZA 73
metro

No purchase necessary. Contest open to residents of Canada and certain other countries worldwide who are thirteen (13) years of age or older. Odds of winning depend on the number and caliber of eligible entries received. One (1) Grand Prize is available to be won, consisting of a trip to see Justin Bieber perform and meet Justin Beiber (approximate retail value of $5,000 USD). Skill testing question required. Contest closes February 28, 2013 at 12,00AM CET. To enter and for complete contest rules visit www.facebook.com/metroint. Contest sponsors are Metro International S.A. together with its local Metro subsidiaries around the globe. The contest is in no way sponsored by Free Daily News Group Inc. or Pizza Pizza Limited. Neither Free Daily News Group Inc. nor Pizza Pizza Limited is responsible for this contest or its prize(s).

Rihanna ALL PHOTOS GETTY IMAGES

RiRi losing friends over rekindling with Brown

Rihanna has received her share of criticism for reuniting with Chris Brown, who was arrested for assaulting her in 2009. And it turns out the rekindled romance is even costing her some friendships. Rihanna and Katy Perry "aren't tight anymore because Katy doesn't approve of Rihanna dating Chris Brown," a source tell Us Weekly. Perry and beau John Mayer reportedly steered clear of Rihanna and Brown at the Grammys last weekend.

Alyson Hannigan

Hannigan gets restraining order against stalker

How I Met Your Mother star Alyson Hannigan has been granted a temporary restraining order against John Hobbs, a New Hampshire man who has repeatedly threatened the lives of Hannigan, her husband, Alexis Denisof, and their children, according to E! News. Hobbs, who was recently discharged from a mental hospital, must stay at least 100 yards away from Hannigan and her family and must refrain from posting about them online. "I still can marry you tomorrow. I can kill you tomorrow too," one Facebook posting by Hobbs last month reads. "It doesn't end. Even after death."

METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word

Is Alexa Ray Joel slowly morphing into Minka Kelly?

THE WORD
Dorothy Robinson
scene@metronews.ca

Pictures popped up recently of Alexa Ray Joel, the 27-year-old spawn from the famous union between Uptown Girl Christie Brinkley and Billy Joel, and they are looking a little, well, suspicious. But don't listen to what your head is telling you (and I know your head is screaming, "girlfriend got plastic surgery!"). No, read what Brinkley has to say about her daughter's changing looks.

The former supermodel went on Anderson Live on Thursday to defend her daughter, saying her transformed appearance isn't from a doctor, but rather she's "blossomed."

"She's stepping out into the world, she's doing things and now (her critics) can't even accept it — it's like, 'Oh she's too beautiful, she bought it all, it's all plastic surgery,'" she said. Brinkley says the only surgery Joel has ever "bought" is "a little tweak of her nose."

The whole thing is totally Freud-worthy (it must be rough to have Christie Brinkley as your mother no matter how cute you are) but since this is a gossip column and not a graduate-level course on psychotherapy, let's just say that if I were Minka Kelly, I'd be slightly disturbed.

Evan Rachel Wood

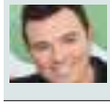
Wood furious over leaked ultrasound pic

Evan Rachel Wood went on a Twitter tirade after discovering that the Daily Mail had published a photo of her ultrasound. "Which sick f-- paparazzi hid in the parking lot of my hospital after my ultrasound? I can't stand this," she tweeted. "I couldn't be more furious right now. I want to cry. My child isn't even born yet." Wood is expecting her first child with husband Jamie Bell. After asking the newspaper in a later tweet to remove the image, the story was taken off its site.

Twitter

@TheEllenShow
Mila Kunis is a chameleon. You should see what color she turned when I asked her about Ashton Kutcher.

@RealRonHoward
After a biz meeting at Warner's UK studio I had truly cool tour of Harry Potter sets and world



@samantharonson
apparently even if i don't watch a tv show, it still airs.... so i guess we know the answer to the tree falling in the woods question.

@SethMacFarlane
My promise for the Oscars: no cheap wiener jokes. Only expensive wiener jokes.

week of love
February 11 - 15th
Come in and talk to us about how you can reduce hair loss by 33%*. Using the AVEDA Invati™ system is clinically proven to reduce hair loss due to breakage to help you keep the hair you have longer. Special offer available on Invati today only!
Be sure to enter in the draw for a special Invati giveaway.*
Discover Invati™
Fall in love with your own thicker, fuller hair this year!
AVEDA
* See in-store for details.
ethos SALON•SPA
scotia centre mall 123 - 2nd Avenue South 653.8467

Liquid Assets

Dynamic duo: Eggs and wine

LIQUID ASSETS
Peter Rockwell
@therealwineguy
liquidassets@eastlink.ca

Sharing my page with Rick Mercer this week has brought out my inner rant.

It's a rant inspired by the union of booze and the most important meal of the day — breakfast.

Now, I don't mean having a few Jäger bombs with your bagel before hitting the road to work. That's why the Italians invented the skinny cappuccino.

I'm talking weekends, holidays, snow days. Those mornings where your keys stay in your coat and you can sip and savour a bevy over a plate of home cooked goodness like, say, scrambled eggs.

What makes brunch, lunch and dinner so special when it comes to an adult liquid partner pairing?

I say that breakfast has lived in its shadows for too long, and it's time we all find an opportunity to break out the stemware in the a.m.

Even with their jiggly-feel, eggs are easy on many wines. Keep things white, unoaked and fruit-forward.

Think wines made with the riesling, sémillon or sauvignon blanc grape.

Kim Crawford 2011 Pinot Gris ($19.95 to $22.99) is another good choice.

Rich, textured and tropical, it makes a fine companion for any egg dish — morning, noon or night.

PRICES REFLECT THE RANGE ACROSS THE COUNTRY. SOME PRODUCTS MAY NOT BE AVAILABLE IN ALL PROVINCES.

Dining on the road with funnyman Rick Mercer

Q&A. The Rick Mercer Report star shares his fave meals and places to eat across Canada, as well as a recipe for his go-to dish

DAN CLAPSON
life@metronews.ca

At home, Rick keeps it simple with his favourite food: scrambled eggs. SUBMITTED

Everyone's favourite Canadian funnyman Rick Mercer doesn't really sit still. His popular show, The Rick Mercer Report, sees him on the road, popping in and out of many of Canada's diverse cities.

I caught up with Rick in between his busy travel schedule to find out what he loves about traipsing across the country and what he eats on the road.

What's the best part about being able to travel across Canada regularly?
It's such a big country but I never get tired of it at all. I can't say enough (about) it. I love getting to know a part of the country. I actually do view the entire country as the "town" I live in. I am all over the country all the time and I love it.

Out of all the Canadian cities and towns you've been to, which one surprised you with its vibrancy and culture?
I love Yellowknife. It is very funky with lots of interesting people. I wouldn't say it surprised me because it's not like I went in with no expectations ... but it's just a funky, cool town.

Since you travel so much, do you find it hard to eat healthy on the road?
It's extremely difficult, to no fault of the travel, quite frankly. If you're hitting the road at 6 a.m., there are very few options. There was a decade of those terrible egg sandwiches, which everyone enjoys while they're eating but then regrets immediately after.

What's the staple 'quick meal' for you when you're on the road with your show?
The staple on the road is the Tim Hortons' ham and cheese. I cannot tell you how many ham and cheese sandwiches have been consumed by my team and I while we're on the road. It's shocking how many of those we consume for lunch! At least it's not a burger and fries. You can't do that everyday, otherwise it's over!

If you are stuck in a lay-over, what fast food joint or junk food do you succumb to when you're hungry with nothing to eat?
Well, that depends on the airport. I do know every airport in the country! If you're in Montreal, there's a Schwartz's. You'd have mental problems if you didn't go have some smoked meat. There is no scenario where I am in Montreal's airport and not have a Schwartz's!

One of the best meals you've had was at...
Da Maurizio in Halifax. It's still, to this day, the best Italian I've eaten in this country. And, yes, I know those are fighting words!

If you had to pick one Canadian city's airport to live in for a week, which one would it be?
Vancouver has a tremendous airport with great food. I believe the (luggage) carts are free too, which I always admire in an airport. It's just a comfortable place. I could live there!

If you are at home, which is probably not very often, what do you eat?
I'm not one of those people that makes the same grilled cheese sandwich four days a week. I'm a big scrambled eggs guy at (home). Also, I think 90 per cent of the eggs you get in a fast food restaurant or while you're travelling are not particularly very good — probably because they were made the day before or something.

Rick's Scrambled Eggs

1. Whisk together the eggs, half and half, black pepper, paprika and salt.

2. Melt the butter in a large pan on medium heat. Once melted, add the egg mixture to the pan and let cook for 2 minutes.

3. Using a spatula or spoon, push egg mixture from the sides of the pan into the centre and let cook for another 2 minutes. Repeat until all of the egg mixture has cooked through.

4. Stir in any grated cheese or optional ingredients and serve.

- 6 large eggs
- 2 tbsp half and half
- 1 tsp ground black pepper
- 1 tsp paprika
- 1/2 tsp salt
- 2 tsp butter
- Optional ingredients: Freshly grated Parmesan, chopped tomatoes, sliced scallions, etc.

RECIPE COURTESY OF RICK MERCER

This recipe serves three. ISTOCK

Book of love. Bible that survived ocean crossing holds a family's history

It was always there: on a table, her counter or carefully laid open on a chair.

The worn black book with a cross in fading gold was one of her most treasured items. In fact, it was her only real possession after having lost everything she owned when she made the long journey from Jamaica to England and, at last, Canada, in the '70s.

Her luggage never made the trip to Canada, lost somewhere on route or perhaps left behind in England. The bible was the one true reminder of where she came from — and that was just fine with my grandma.

Yellowed on some pages, faded on others, in a way it was a representation of her life that began as a bright, ponytail-wearing child in Jamaica who had weathered severe adversity but still had a great story to tell.

It was a book her mother gave her, passed down from her mother before her. It was the only thing that survived her flight across the Atlantic Ocean.

The first words in the book were in the family tree that was found on the first page and hardly legible any more, having been written in pen so many years ago. Her mother, my great grandmother, who was born in 1916, stands as the first entry. Added names throughout the decades in different coloured ink play out like a trail to the living and preserve memories of family members passed. Family I will never know, but who hold sway in my grandmother's life (how long that life has so far been, my grandma refuses to tell. A lady never tells).

When my grandmother immigrated to Canada, she reasoned moving closer (at least geographically) to Jamaica from England and to a better job was the right decision.

As much as the cold, wet weather made her knee ache sometimes, it was her home, and the place where she'd met my grandfather — a Jamaican expatriate, like herself, looking for better opportunities away from the tiny island where they grew up.

In the end, her life in Canada was better than she would have expected. She worked hard and eventually purchased a modest place to call home and later gave birth to a cherub-faced daughter (my mother) in her adopted country.

She visits Jamaica as much as her health will allow her, but won't likely return for good. If she ever feels homesick she never lets it show, but that could be because her book, with the cross in fading gold and barely legible family tree, is always within arm's reach.

TAKARA SMALL, METRO

Takara Small and her grandmother. PROVIDED

Soaking in serenity on Salt Spring Island

Black history month.
Historic photo evokes the peace found by many black immigrants in British Columbia

EVELYN C. WHITE
For Metro Canada

The stirring 1963 I Have A Dream speech by Rev. Martin Luther King, Jr. stands as a landmark in the black freedom movement in North America.

But more than a century before King's plea for racial justice, a group of blacks, weary of discrimination, left the U.S. and settled on B.C.'s Salt Spring Island, located in Georgia Strait between Vancouver Island and the Mainland.

Today, direct descendants of the black pioneers still reside in the pastoral landscape also hailed as a vibrant artist colony.

I was thrilled to discover Salt Spring's black history when fate brought me to the island about a decade ago.

The intriguing saga begins with Sir James Douglas (1803-1877) who, in 1858, was appointed the first provincial governor of B.C.

The son of a black woman from Barbados and a Scottish planter, Douglas, in need of skilled workers to meet a gold frenzy in the region, urged a band of blacks in California to move to B.C.

At the time, a federal Fugitive Slave Act that poised them for possible return to bondage threatened free blacks. Dispirited by an increasingly hostile climate, several hundred blacks accepted Douglas' invitation and sailed north to Victoria.

Salt Spring Island pioneer Jim Anderson poses for a photo on his canoe with one of the Whims children at Walker's Hooke in the early 1930s. JESSE BOND/COURTESY SALT SPRING ARCHIVES

By 1859, a core group of the blacks had built log cabins on nearby Salt Spring Island, the ancestral grounds of the Coast Salish people. There, they hunted cougars, cultivated farms and cleared the deeply forested terrain for future immigrants.

Salt Spring's black pioneers included Jim Anderson, who built the community's first public picnic site on his property. Proficient on the trumpet, he routinely roused neighbours with a brisk blast of Reveille.

For more on black history

- To read the three winning essays in RBC's student competition, go to metronews.ca and click on Black History Month

I was captivated by the image of a nattily dressed Anderson and a black boy in a canoe that appears in my book Every Goodbye Ain't Gone: A Photo Narrative of Black Heritage on Salt Spring Island.

Our African forebears packed like sardines in the holds of slave ships, many North American blacks have a pained relationship with boats and water. This discomfort has been compounded, over the years by our wounding experiences with segregated beaches, swimming pools and "coloured" drinking fountains.

The serenity that the pair exhibits in the photo marks the peace that has prompted a steady stream of black folk to settle on Salt Spring since the late 1850s.

Inspired by Anderson and the youngster, I braved my long-standing fear of water and learned how to swim during my sojourn on the island.

Stitching together stories of strife and success

Patch of the past.
Irreplaceable quilt was born of necessity, but sewn with soul

SHAUNTAY GRANT
For Metro Canada

I'd probably seen my great-grandmother's quilt a dozen times before noticing the teal pocket gently set against a blue and white tweed.

"My sister's coat," my grandmother explained. "And those are old dresses," she added, signaling a colourful border lined with red, pink and mauve patterns.

"And the yellow?" I wanted to know.

"That was a winter top," she said. "These are all old winter dresses, coats, skirts…"

"And the brown stains?"

"Smoke stains. From when the old house burned down — the second time."

And suddenly my great-grandmother's quilt was more than just worn fabric. It was a time capsule. A memory book. A diary full of stories.

The quilt itself is just 65 years young, but the story goes back much further. As far back as the migration of American Black Loyalists and Jamaican Maroons to Nova Scotia in the latter part of the 1700s. And as far back as the wave of Black Refugees who — like the Loyalists and Maroons — settled in rural Nova Scotia after the War of 1812. Like her ancestors, my great-grandmother Annie Simmonds (1901–1986) encountered many hardships — set against a backdrop of marginalization and racial segregation, the people of her community (North Preston, Nova Scotia) were faced with brutal winters, unwanted soils and a lack of basic needs like food, clothing, and adequate shelter.

Shauntay Grant's great-grandmother's quilt. PROVIDED

Wrapped in remembrance

"Of the many winter quilts my great-grandmother would have stitched to warm her children, this single heirloom is all that remains."

Shauntay Grant

"The houses were very cold back then," remembers my grandmother. "Made of slab boards, tar paper and sealed with cardboard."

My grandmother says these old patch quilts were the best defence against the cold climate. And of the many winter quilts my great-grandmother would have stitched to warm her children, this single heirloom is all that remains.

And it's full of stories.

My grandmother tells me she remembers watching her mother piece the quilt together, sitting on a kitchen chair near the woodstove, the fabric just spilling from her lap. And she remembers how the cat got lost inside the lining, and how her mother almost stitched the quilt shut not realizing that "Fluffy" was trapped inside.

My grandmother herself has carried on this tradition of making quilts, and hers are beautiful patterns with stories of their own.

But none touches me so much as this old winter quilt come from necessity; knotted with yarn and slanted around the border; indifferent to pattern and symmetry; with heaps of stories wrapped up inside.

WHL

Blades take 9-game winning streak on the road

The Saskatoon Blades (32-21-3) will be playing two away games this weekend.

They will kick the weekend off in Moose Jaw with a game against the Warriors (19-29-9). The Blades are on a nine-game winning streak, so they have a good amount of momentum going into the weekend.

On Saturday, the Blades will be in Medicine Hat to face the Tigers (29-26-3). The puck drops at 7:30 p.m. METRO

CFL

Argos sign GM to extension

It took three months, but Jim Barker finally got his contract extension.

The Toronto Argonauts general manager signed a two-year extension on Thursday and is now under contract with the defending Grey Cup champions through the 2015 season.

Toronto raised eyebrows on Nov. 8 when it gave head coach Scott Milanovich a contract extension and not Barker, who had only one year remaining on his deal.

That decision created much speculation regarding Barker's future in Toronto because days earlier the Edmonton Eskimos had fired Eric Tillman as their GM. But Barker said he and Argos president Chris Rudge spoke about a contract extension during the season and both agreed securing Milanovich's future was the priority. THE CANADIAN PRESS

Players mull using cut-proof protection

NHL. Reigning Norris Trophy winner's injury to Achilles has given the league a scare

Gruesome cuts like the one that ended Ottawa Senators defenceman Erik Karlsson's season are not new to hockey or any sport played on skates.

But when a Norris Trophy winner goes down after his Achilles tendon is cut nearly in half, it makes players in the NHL wonder if they should start wearing cut-proof socks and other equipment that could prevent such scary injuries.

The Karlsson injury was the talk of the league on Thursday after Karlsson's left Achilles tendon was cut by a skate blade during a game against the Pittsburgh Penguins on Wednesday night.

Senators general manager Bryan Murray said 70 per cent of Karlsson's tendon was cut as a result of the incident. Karlsson underwent surgery on Thursday and recovery is expected to be at least three to four months, thus ending Karlsson's season.

Many players are already wearing cut-proof Kevlar socks but a lot have either never tried them or don't like them.

"It's a tough call," said Karlsson's defence partner Marc Methot. "Most of us have never even tried them on before.

"It certainly raises awareness now. I'm going to try them out."

Murray lamented some players are stubborn about their equipment even if it may prevent an injury.

"We have skate guards that defencemen should be wearing and I look around and not many defencemen are wearing them," he said. "Players want to be able to play at a high speed and they think that some of this stuff is cumbersome so they take the risk of not wearing it."

Several high-profile NHL players have missed significant time due to skate cuts.

Defencemen Kevin Bieksa of the Vancouver Canucks and Andrei Markov of the Montreal Canadiens both have had their legs sliced open by razor-sharp skates in recent seasons.

Anaheim Ducks scoring star Teemu Selanne has had two major cuts in his career and now wears Kevlar socks and wrist guards.

Both Buffalo Sabres goalie Clint Malarchuk in 1989 and Florida Panthers forward Richard Zednik in 2008 nearly died when arteries in their throats were slashed by errant skates.

Karlsson was retrieving the puck in a corner when Matt Cooke's skate sliced into the back of his left leg just above the boot of his skate. Karlsson was not wearing cut-proof socks.

"I had trouble watching it, to be honest with you," Calgary Flames forward Michael Cammalleri said of Karlsson's injury. "I got cut above the knee in the first game of last season and ever since, I've been completely paranoid.

"I wear cut-proof socks and wrists guards and everything now because of it."

NHL vice-president Kris King, whose duties include player safety, said the league has not looked at making cut-proof socks mandatory. But it has been encouraging teams to promote them to their players.

He said when the league first looked into Kevlar equipment in 2010, there was only one company making it. Since then, the NHL has helped other firms and individuals get into the market with new products. THE CANADIAN PRESS

M.I.A.

Karlsson's recovery time is expected to be at least three to four months.

- Karlsson was injured while being checked by Pittsburgh's Matt Cooke, who was not disciplined by the league.

Ottawa Senators defenceman Erik Karlsson limps off the ice after colliding with Pittsburgh Penguin Matt Cooke in Pittsburgh on Wednesday. Karlsson will need surgery to repair his Achilles. GENE J. PUSKAR/THE ASSOCIATED PRESS

Janssen, Romero step onto comeback trail

Toronto Blue Jays closer Casey Janssen takes part in a drill in Dunedin, Fla., on Thursday. Janssen had shoulder surgery in November following a season in which he saved 22 games for the Jays. NATHAN DENETTE/THE CANADIAN PRESS

The sun was nowhere to be seen on Thursday and eavestroughs carved puddles into the gravel at rainy Florida Auto Exchange Stadium by early afternoon.

Of course, most Blue Jays players had left by then.

Still, it was a good day's work for pitchers Casey Janssen and Ricky Romero.

Both threw from the practice mound, taking another step in their comeback from off-season surgery.

For rehabbing pitchers, making it to the mound only comes after seemingly endless tossing sessions on level ground.

"It was fun to be on a mound and throwing downhill again," said Janssen, a reliever who had shoulder surgery in November.

"Any time you get a chance to get up on that mound and see a catcher, it feels good," said Romero, a left-handed starter who had his elbow cleaned out in October and had platelet-rich plasma (PRP) injections in both knees.

The 31-year-old Janssen, who took over as closer after Sergio Santos had shoulder surgery in July, converted 22 of 25 save opportunities and finished a fine season with a 1-1 record and 2.54 earned-run average.

He is being monitored closely to ensure he does not come back from surgery too fast. He estimated Thursday he was throwing at 70 to 80 per cent of what he is capable of.

In 2012, Romero raced out to an 8-1 record but eventually tied a franchise record with 13 straight losses. He finished with a 9-14 record and 5.77 ERA in 33 starts.

With the surgery, he had plenty of time in the off-season to ponder a rotten year. Asked how that felt, he replied "Like crap," and laughed. THE CANADIAN PRESS

Quoted

"I had a bad year and that's all there is to it."

Starting pitcher Ricky Romero, who's not making excuses for his struggles last season.

4 SPORTS

Murder charges come as 'a shock': Paralympic CEO

Oscar Pistorius. Double-amputee sprinter heralded for bringing Paralympic Games to the forefront

The London Paralympics were the most successful Games to date, with millions of people buying tickets to events, and Oscar Pistorius was a big part of that.

On Thursday, the South African athlete who became the poster boy for Paralympic sport was charged with murder in the shooting death of his girlfriend, Reeva Steenkamp.

"It was a shock for us," said Xavier Gonzalez, CEO of the International Paralympic committee.

"Right now, the most important thing is to send our deepest condolences to the families affected by this tragedy," said Gonzalez, who is in Toronto observing preparations for the Parapan Am Games that will be held there in 2015.

Pistorius, who had his lower legs amputated before he was a year old, won two gold medals and a silver at last year's Paralympic Games in London. But what drew even more attention is that this 26-year-old made sporting history by becoming the first double-amputee sprinter to compete in the Olympics. He reached the 400-metre semifinal and competed in the 4x400 metre relay.

"We'll need to wait to see how the police investigation goes," said Gonzalez. But he emphasizes that, to date, "Oscar has been a fantastic ambassador for our movement."

"He created momentum that, in some way, contributed to what happened in London."

The London Paralympics sold 2.7 million tickets, making it the third largest sporting event in the world after the Olympics and World Cup soccer, he said. Beyond the spectators, the Games drew far more media coverage, particularly in Europe, and corporate sponsorship than previous events.

A Nike ad, featuring Pistorius in his green race suit and the tagline "I am the bullet in the chamber. Just do it" was removed from his personal website. **TORSTAR NEWS SERVICE**

Quoted

The news out of South Africa "is not good for the Paralympics or sport in general. Oscar has become a hero with the accomplishments he's had on the track."

Martin Richard, head of communications at the Canadian Paralympic Committee

Olympics

Decision on NHLers in Sochi won't come this week

A decision on whether NHL players will head to the 2014 Sochi Olympics isn't likely this week.

Discussions were set for Thursday and Friday between the NHL, the NHL players' association, and officials from the International Ice Hockey Federation and the International Olympic Committee to see if it makes sense for North American professional hockey players to go to the Olympics for a fifth straight time.

"I don't expect any resolution or decisions this week," NHL deputy commissioner Bill Daly told The Associated Press in an email on Thursday.

The Sochi Games are one year away. While a final decision isn't required this week, one will have to be reached in the near future. It is believed hockey federations will need to know by May what players will be available for their teams.

The NHL have been sending its players to the Olympics since 1998 Winter Games. **THE ASSOCIATED PRESS**

NASCAR. Romance between drivers takes centre stage on media day

Brad Keselowski strolled through the Daytona 500 Club with his cellphone in one hand and a half-empty bottle in the other.

Nope, not beer. Not this time.

Keselowski was drinking orange juice Thursday at Daytona 500 Media Day, which officially kicked off Speedweeks. Still, the reigning NASCAR Sprint Cup champion was his usual, laid-back, outspoken self, offering up some of the best one-liners during a daylong event filled with playful jokes, repetitive questions, canned answers and optimistic outlooks for the upcoming season.

For Keselowski, it wasn't all that different from his last moment in the spotlight. He just didn't have a little buzz going.

"If you drink enough orange juice, you can drink a lot of beer," said Keselowski, who memorably chugged away in Victory Lane after clinching his first Cup championship at Homestead-Miami Speedway in November.

Three months later, he was fielding questions about defending his title, tweeting from his race car — which he famously did during last year's Daytona 500 — and the budding relationship between competitors Danica Patrick and Ricky Stenhouse Jr.

Danica Patrick
THE ASSOCIATED PRESS

No surprise, the 50-plus drivers were asked a number of questions about the Patrick and Stenhouse saga — they announced they were dating last month.

"In some respects, it's just a relationship," five-time champion Jimmie Johnson said.

"It will keep people looking and watching and curious as to what that dynamic is on the track, I'm sure.... We'll all be watching with great curiosity." **THE ASSOCIATED PRESS**

NBA

Heat make statement against Thunder

LeBron James had 39 points, 12 rebounds and seven assists, and the Miami Heat trampled the Oklahoma City Thunder 110-100 in a Thursday night showcase before the all-star break.

Chris Bosh chipped in 20 points and 12 rebounds as the Heat won their sixth straight against the Thunder dating to last year's NBA Finals. Miami swept the season series after winning on its home court on Christmas Day, following up after taking the last four games of the Finals.

James was in position to continue his NBA record run of games with at least 30 points and 60 per cent shooting to seven, but missed from a couple steps beyond the 3-point line as the shot clock ran down with just over a minute left.

That dropped him to 14 for 24 in the game, or 58 per cent. James had said before the game that he didn't care if the streak continued, as long as Miami kept winning.

"I'm not conscious about it. I'm just playing," James said at shootaround. **THE ASSOCIATED PRESS**

NBA

EASTERN CONFERENCE

	W	L	Pct	GB
d-Miami	36	14	.720	—
d-New York	32	18	.640	4
d-Indiana	32	21	.604	5½
Brooklyn	31	22	.585	6½
Chicago	30	22	.577	7
Atlanta	29	22	.569	7½
Boston	28	24	.538	9
Milwaukee	26	25	.510	10½
Philadelphia	22	29	.431	14½
Toronto	21	32	.396	16½
Detroit	21	33	.389	17
Cleveland	16	37	.302	21½
Washington	15	36	.294	21½
Orlando	15	37	.288	22
Charlotte	12	40	.231	25

WESTERN CONFERENCE

	W	L	Pct	GB
d-San Antonio	42	12	.778	—
d-Oklahoma City	39	14	.736	2½
d-L.A. Clippers	38	17	.691	4½
Memphis	33	18	.647	7½
Denver	33	21	.611	9
Golden State	30	22	.577	11
Utah	30	24	.556	12
Houston	29	26	.527	13½
Portland	25	28	.472	16½
L.A. Lakers	25	28	.472	16½
Dallas	23	29	.442	18
Minnesota	19	31	.380	21
New Orleans	19	34	.358	22½
Sacramento	19	35	.352	23
Phoenix	17	36	.321	24½

Note: division leaders ranked in top three positions regardless of winning percentage.

Thursday's results
Miami 110, Oklahoma City 100
L.A. Clippers at L.A. Lakers
Wednesday's results
San Antonio 96 Cleveland 95
Indiana 101 Charlotte 77
Atlanta 108 Orlando 76
Brooklyn 119 Denver 108
Detroit 96 Washington 85
Boston 71 Chicago 69
Toronto 92 New York 88
Milwaukee 94 Philadelphia 92
New Orleans 99 Portland 63
Utah 97 Minnesota 93
Dallas 123 Sacramento 100
L.A. Clippers 106 Houston 96
Tuesday, February 19
Toronto at Washington, 7 p.m.
Charlotte at Orlando, 7 p.m.
Memphis at Detroit, 7:30 p.m.
Milwaukee at Brooklyn, 7:30 p.m.
Chicago at New Orleans, 8 p.m.
Boston at Denver, 9 p.m.
Golden State at Utah, 9 p.m.
Phoenix at Portland, 10 p.m.
San Antonio at Sacramento, 10 p.m.

NHL

EASTERN CONFERENCE

ATLANTIC DIVISION

	GP	W	L	OL	GF	GA	Pt
New Jersey	13	8	2	3	35	28	19
Pittsburgh	14	9	5	0	45	34	18
NY Rangers	13	7	5	1	36	34	15
Philadelphia	14	6	7	1	34	40	13
NY Islanders	13	5	7	1	40	46	11

NORTHEAST DIVISION

	GP	W	L	OL	GF	GA	Pt
Boston	11	8	1	2	32	25	18
Montreal	13	8	4	1	36	33	17
Toronto	14	8	6	0	40	36	16
Ottawa	14	7	5	2	35	27	16
Buffalo	14	5	8	1	39	48	11

SOUTHEAST DIVISION

	GP	W	L	OL	GF	GA	Pt
Carolina	13	8	4	1	41	37	17
Tampa Bay	13	6	6	1	49	40	13
Winnipeg	12	5	6	1	32	40	11
Florida	13	4	6	3	30	47	11
Washington	14	5	8	1	40	49	11

WESTERN CONFERENCE

CENTRAL DIVISION

	GP	W	L	OL	GF	GA	Pt
Chicago	13	10	0	3	44	28	23
Nashville	14	7	3	4	28	26	18
Detroit	13	7	4	2	36	36	16
St. Louis	13	7	5	1	43	43	15
Columbus	13	4	7	2	30	41	10

NORTHWEST DIVISION

	GP	W	L	OL	GF	GA	Pt
Vancouver	12	8	2	2	35	25	18
Minnesota	14	6	6	2	30	36	14
Edmonton	13	5	5	3	29	34	13
Calgary	11	4	4	3	33	39	11
Colorado	12	5	6	1	27	32	11

PACIFIC DIVISION

	GP	W	L	OL	GF	GA	Pt
Anaheim	12	9	2	1	42	33	19
San Jose	13	7	3	3	36	29	17
Dallas	14	7	6	1	34	36	15
Phoenix	14	6	6	2	35	38	14
Los Angeles	11	4	5	2	26	32	10

Note: A team winning in overtime or shootout is credited with two points and a victory in the W column; the team losing in overtime or shootout receives one point which is registered in the OL (other loss) column.

Thursday's results
Carolina 3 Toronto 1
NY Islanders 4 NY Rangers 3 (SO)
Montreal 1 Florida 0 (OT)
Washington 4 Tampa Bay 3
Nashville 3 Phoenix 0
Colorado 4 Minnesota 3 (SO)
Wednesday's results
Pittsburgh 4 Ottawa 2
St. Louis 4 Detroit 3 (OT)
Calgary 7 Dallas 4
Friday's games
All Times Eastern
Pittsburgh at Winnipeg, 7 p.m.
Philadelphia at New Jersey, 7 p.m.
Boston at Buffalo, 7 p.m.
Anaheim at Detroit, 7:30 p.m.
San Jose at Chicago, 8:30 p.m.
St. Louis at Calgary, 9 p.m.
Dallas at Vancouver, 10 p.m.
Columbus at Los Angeles, 10:30 p.m.
Saturday's games
Tampa Bay at Florida, 3 p.m.
Philadelphia at Montreal, 7 p.m.
New Jersey at NY Islanders, 7 p.m.
Ottawa at Toronto, 7 p.m.
Anaheim at Nashville, 8 p.m.
Columbus at Phoenix, 8 p.m.
Colorado at Edmonton, 10 p.m.
Sunday's games
Pittsburgh at Buffalo, 12:30 p.m.
Los Angeles at Chicago, 3:30 p.m.
Washington at NY Rangers, 6 p.m.
Boston at Winnipeg, 6 p.m.
Detroit at Minnesota, 6 p.m.
Calgary at Dallas, 6 p.m.
St. Louis at Vancouver, 9 p.m.

HURRICANES 3, MAPLE LEAFS 1

First Period — No Scoring
Penalties — Orr Tor (Fighting) 2:05, Westgarth Car (Fighting) 2:05, Semin Car (Slashing) 10:27.
Second Period
1. Carolina, Corvo 2 (Staal) 6:06
2. Toronto, Kadri 4 (Phaneuf, Grabovski) 7:51 (pp)
3. Carolina, Jokinen 2 (Skinner, Corvo) 12:58 (pp)
4. Carolina, Staal 2 (Skinner, McBain) 15:09
Penalties — Sanguinetti Car (Interference) 6:28, McClement Tor (Tripping) 12:31, van Riemsdyk Tor (Tripping) 19:03, Phaneuf Tor (Roughing) 20:00.
Third Period — No Scoring
Penalties — None.
Shots

Toronto	8	10	5—23
Carolina	8	13	12—33

Goal — Toronto: Scrivens (L, 2-3-0). Carolina: Ellis (W, 3-1-0).
Power plays (goal-chances) — Toronto: 1-2. Carolina: 1-3.
Referees — Tim Peel, Rob Martell.
Linesmen — Kiel Murchison, Derek Nansen.
Att. — 18,680 (PNC Arena).

See today's answers at metronews.ca/answers.

Horoscopes

Aries
March 21 - April 20
You will have to make sacrifices in one area if you want to make progress in another. At work, try to get important people on your side because no matter how talented you happen to be, you can't do it all alone.

Taurus
April 21 - May 21
Whatever your plans, whatever your schedules, whatever your deadlines, it is essential that you take life at a slower, calmer pace today. Everything you need will come to you if you let it. Sit back and let it happen.

Gemini
May 22 - June 21
You may not feel brave on the inside but try to look brave on the outside. Self-confidence is the key to success now and if you can convince people you've got it you'll get what it is you desire.

Cancer
June 22 - July 23
You may have to rely on partners and colleagues a bit more than usual over the next 24 hours. That means revealing information you might prefer to keep to yourself. Make sure you confide only in those you trust.

Leo
July 24 - Aug. 23
You cannot possibly be the best at everything — no, really! And the sooner you stop trying, the better. You will achieve more over the next few days if you stick to the two or three things you are exceptionally good at.

Virgo
Aug. 24 - Sept. 23
You need to get serious about something of a creative or artistic nature. You may think you are serious about it already but deep down you know you have been holding back. As from today, you must give it your all.

Libra
Sept. 24 - Oct. 23
You don't have to suffer in silence if someone has cheated you in some way. Shout out loud about it. Kick up a fuss. If you don't make an issue of it now they will take advantage of you again later on.

Scorpio
Oct. 24 - Nov. 22
Let others have their say first then, when they have finished, point out the flaws in their argument. You may not win many friends but you will make it clear you are not going to be taken in so easily.

Sagittarius
Nov. 23 - Dec. 21
Saturn's influence demands that you start thinking seriously about ways to make ends meet and make your money go further. In a nutshell, you must spend less or earn more. Ideally, of course, you need to do both.

Capricorn
Dec. 22 - Jan. 20
Strive to make a positive impression on people in positions of authority. The more you can show them that you are on top of your game, the more likely it is they will turn to you when there is a promotion on offer.

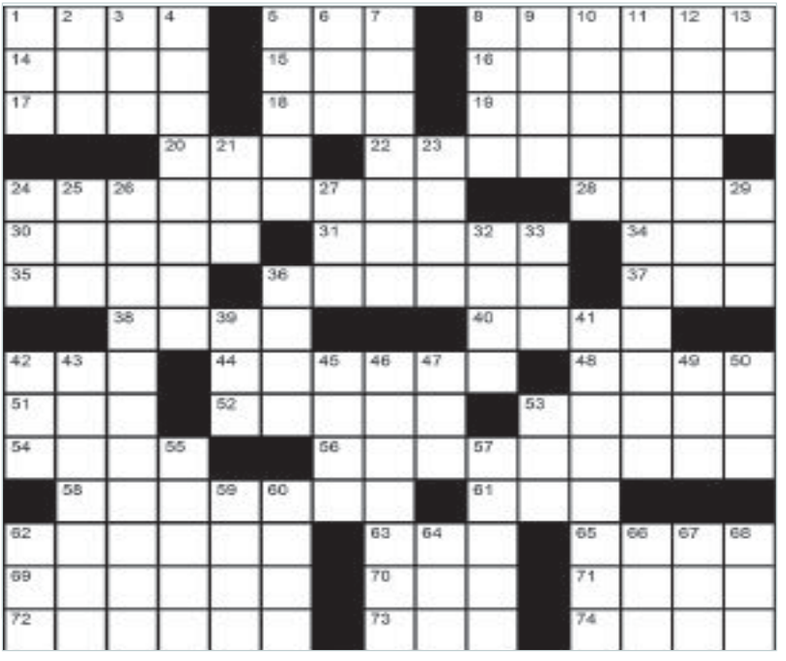
Aquarius
Jan. 21 - Feb. 19
You seem to be struggling with some serious questions about your place in the world. You certainly have not found the right answers yet. Don't worry, it's only a matter of time before it all clicks into place.

Pisces
Feb. 20 - March 20
People are looking to you to take a lead and you must not let them down. Today's Mars-Pluto link will endow you with loads of energy and no end of self-confidence. You'll need them for the tasks ahead.

SALLY BROMPTON

Crossword: Canada Across and Down

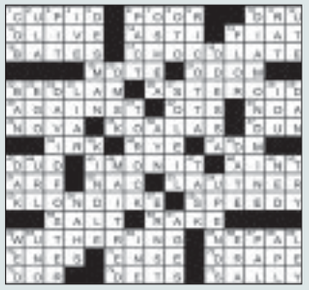
BY KELLY ANN BUCHANAN



Across
1. National __ of Canada Day
5. Prefix to 'metrical'
8. Takes on the role of: 2 wds.
14. Copy of an orig.
15. My own, in Latin
16. "Wow!", in Australia
17. Abominable snowman
18. Grass appendage
19. The Grand __
20. Prefix to 'lead'
22. Marc __, painter of I and the Village (1911, oil on canvas)
24. "Rise Up" by The __ Club
28. Earth
30. Anoint, archaically
31. Lathers
34. Dundee denial
35. __ poker
36. Baseball great Mickey
37. Explosive letters
38. Sporty brand
40. Mil. stockpile
42. UK record label
44. Deceive
48. One who must pay
51. Philosopher, __-tzu
52. Drive, do this
53. Two down, __ __ go
54. Mailed a letter
56. Phar Lap, for one
58. Creeks
61. Roadie's haul
62. Make _ __ (Reception tradition)
63. Meditation sounds
65. Receptive
69. Self-evident fact
70. 'The Science Guy', Bill __
71. Former currency in Italy
72. Mr. Safer, Canadian correspondent on "60 Minutes"
73. Mr. Mineo
74. Wool

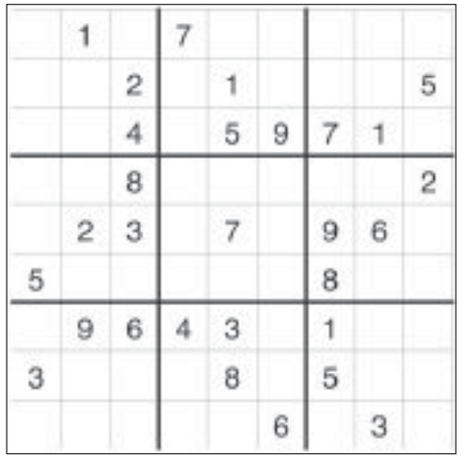
Down
1. Use a pan
2. Kathie Gifford link
3. Inclined
4. House of __ (Monaco's royal family)
5. NBC series starring "American Idol" alum Katharine McPhee
6. Archery bow wood
7. New Brunswick city
8. Medieval silk and gold fabric
9. Rugged cliff
10. Singer Ms. Turner's
11. Niagara Falls lookout structure: 2 wds.
12. __ harp (It sounds in the wind)
13. Equivalent word [abbr.]
21. Arctic __ cap
23. Warmth
24. Not: French
25. Social bug
26. Classic rock band's venture, perhaps: 2 wds.
27. Can. neighbor
29. Allow
32. Theatrical work
33. Theological sch.
36. Convene
39. "Footloose" (1984) star ...his initials-sharers
41. Classic board game
42. Pro golfer Ernie
43. "Let Your Backbone Slide" by __ Fresh-Wes
45. Condition
46. Causes
47. Rainbow shape
49. Aliens, for short
50. Caviar
53. Electrical resistance unit
55. Hiker's snack, __ mix
57. Painter's stand
59. Being, in Latin
60. 1996 to 2001 Canadian series, "Wind __ __ Back"
62. Cash dispenser, commonly
64. "Lady Marmalade" co-singer
66. 1980s starlet Ms. Zadora
67. "To __ is human..."
68. Book publisher, __ A. Talese

Yesterday's Crossword



Sudoku

How to play
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved.



Yesterday's Sudoku

5	3	9	8	4	1	2	7	6
1	8	7	3	2	6	5	4	9
4	6	2	5	7	9	8	1	3
3	4	1	7	6	8	9	5	2
9	2	8	1	5	4	6	3	7
7	5	6	2	9	3	4	8	1
6	1	3	4	8	2	7	9	5
2	7	4	9	3	5	1	6	8
8	9	5	6	1	7	3	2	4

FREE
Chili Cheese Fries
Redeem this ad for a FREE 8 oz portion of chili cheese fries.
Coupon expires April 15, 2013.
Wing World
OPEN TIL 3 AM THURS-SAT
3323A Fairlight Dr • 7068 Central Ave
www.wingworld.ca

HAKIM OPTICAL
BIG SALE
50% OFF ALL FRAMES
ALL LENSES
Over 160 Discount Outlets... $40 One Hour In-Store Labs
For nearest location call: 1-877-524-2020 • www.hakimoptical.ca

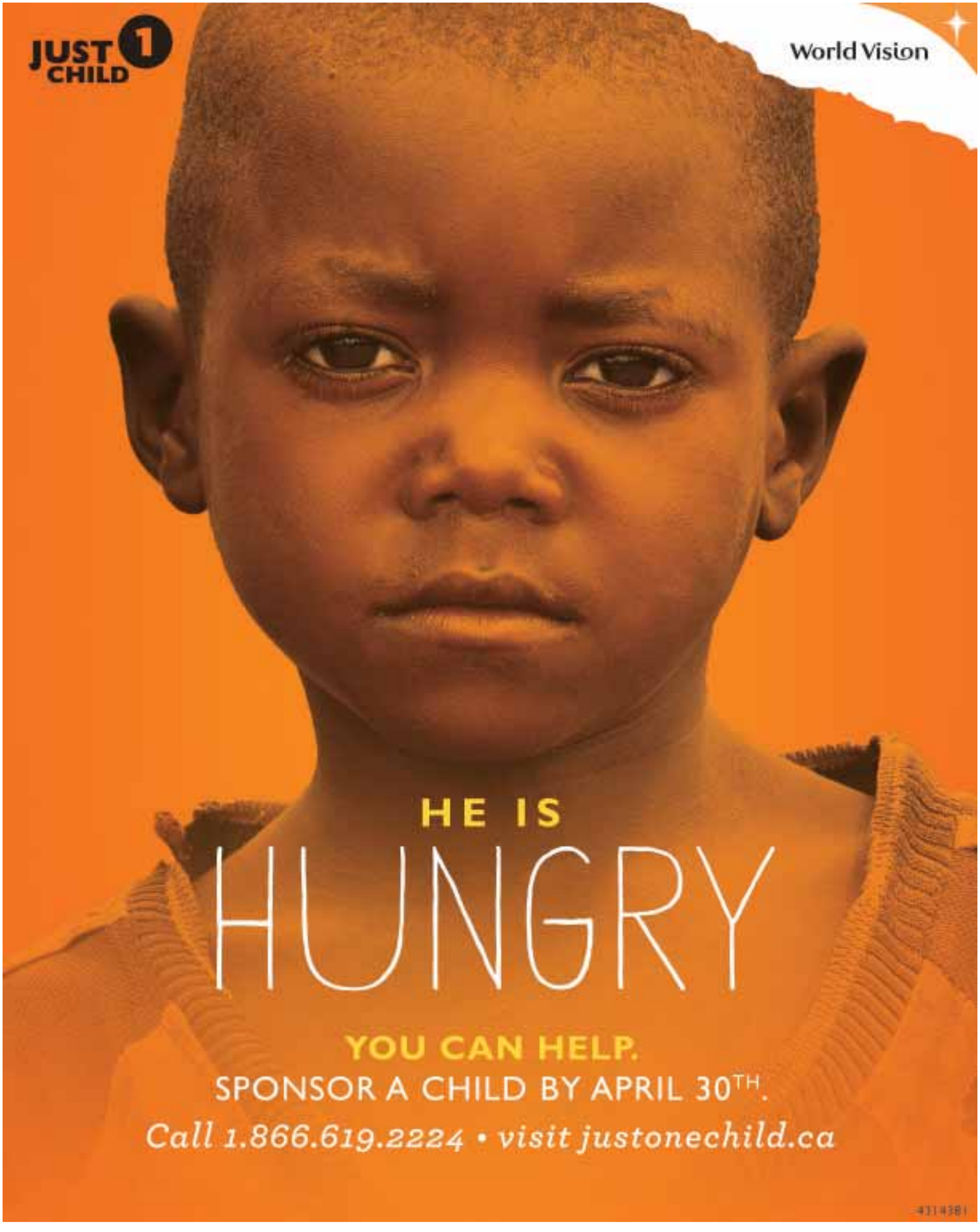

JUST 1 CHILD
World Vision
HE IS
HUNGRY
YOU CAN HELP.
SPONSOR A CHILD BY APRIL 30TH.
Call 1.866.619.2224 • visit justonechild.ca

PHOTO: THINKSTOCK

Step out and discover your city

SASK EQUINE EXPO, *Feb. 15 to 17*

Live demonstrations, displays and events.

PHOTO: THINKSTOCK

WANUSKEWIN WINTER CELEBRATION, *Feb. 16*

This winter event offers snowshoeing, crafts, storytellers, and more.

PHOTO: THINKSTOCK

SASKATOON SYMPHONY ORCHESTRA: SILENCE IS GOLDEN, THE MARK OF ZORRO, *Feb. 23*

Brian Unverricht conducts with Rick Friend on piano.

PHOTO: THINKSTOCK

SASKATOON SYMPHONY ORCHESTRA COMMAND BRASS, *Feb. 28*

In concert with the SSO Brass Quintet.

PHOTO: THINKSTOCK

EXPLORE THE MVC: MEEWASIN VALLEY CENTRE, *Feb. 24*

Enjoy family fun at the centre.

PHOTO: THINKSTOCK

BEAVER CREEK CONSERVATION AREA PROGRAMS, *Feb. 18-22*

Experience nature and enjoy crafts and activities.

PHOTO: THINKSTOCK

GREAT FAMILY SKATE, MARTENSVILLE, *Feb. 19*

Try out the skating and ski trails at Kinsmen Park.

PHOTO: THINKSTOCK

SASKATOON FORESTRY FARM AND ZOO, *Up to March 31*

See the animals in winter.

PHOTO: THINKSTOCK

SOULEIO WINE NIGHT, *Feb. 22*

Eat, listen to live music and drink wine.

PHOTO: THINKSTOCK

2013 SASKATOON BLUES FESTIVAL: WINTER MELTDOWN, *Feb. 28*

Winter melts at this main stage blues event.

PHOTO: THINKSTOCK

GO ANYWHERE PLAY TAKES YOU

RAV4's available All-Wheel Drive System helps enhance traction when driving on varying road conditions allowing you to go virtually anywhere you want to play.

TOYOTA

toyota.ca

THE PERFECT VEHICLE FOR GETTING OUT TO PLAY ON FAMILY DAY

TOYOTA

toyota.ca